The Fifth Message

“God is the Holy Spirit of Family Love” -
Our Inspiration from the Heart of Fathers”

For All Churches, All Humanity, and All People

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** All artworks were given as gifts to churches*
completed: from October, 2005 to November, 2006

I. Foreword from "the little one"

Greetings to all families throughout Humanity! Peace be with you! This Book is my Gift to all families – most especially to all Fathers of Humanity.

This Book was written out of my compassion and obedience to God the Father who is "Our Creator and Maker" (seen in the unity of a family), Our Lord Jesus Christ who is "Our King and Lord" (represented by the son), Mother Mary who is "Our Queen and Mother" (represented by the mother), Lord Saint Joseph (represented by the father) and The Power of the Holy Spirit (represented by the daughter) as "The Holy Family". For this Book is one with "Book 1: The Message".

This Book was written in honor of Saint Joseph who took care and protected Our Lord Jesus Christ as Our Lord's earthly foster father, in The Holy Spirit of Deliverance, when Our Lord was here on Earth. For this Book was inspired from the gratefulness of Our Lord Jesus Christ to Saint Joseph and Mother Mary - as a Holy Family - for protecting and taking care of Him to become a humble and compassionate Savior of Humanity.

This Book was written to inspire all Fathers in Humanity that people may see the Truth found in inspirational artworks. And that we may see the Truth found in all the good deeds that Fathers do for their family, for their community and for Humanity. For this Book is "The Family Code" for all Fathers to inspire all families throughout Humanity.

And these are amongst the many ways that Fathers become True "Protectors of Humanity", "Protectors of Mother's Love" and "Protectors of All Families". That Men may provide Good examples of heroic deeds that exemplify Honor, Selfless Love and Peace - as caring Servants of God – as the True meaning of Inner Strength, Courage and Wisdom. These are for strengthening all families through Humanity Family Virtues – or loving good deeds that can only be achieved as a family.

Please feel free to copy the images and translate the contents to all the languages of the world. The images presented are but examples for all families, cultures and religions to follow and make their own version of the presented images. Please take care of this Book, for this should be given to everyone for FREE. And please do not let anyone add or remove anything from this Book.

I am only a Servant, as "God's Advocate", a Messenger – nothing more. And I would like to share the Goodness of my Heart to everyone through the Power

of The Holy Spirit. I praise all mothers, fathers, children, brothers, sisters, elders, and families and communities who love God and have contributed so much Love and Peace in Humanity. I adore them so much! They are the ones who gave me the inspiration to write this Book.

I hope you like this Book for I wrote this all because of my love for you. And this Book was written to give honor and praise for all Poor families who lived in the pure spirit of simplicity and joy as the True humble nature of The Holy Family. As this Book shows the True nature of The Holy Spirit found in each and every one of us. God bless us all!

Love,

"the little one"

II. THE FAMILY CREED PRAYER

O God – who is God the Father as "Our Creator and Maker", Our Lord Jesus Christ as "Our King and Lord", and The Holy Spirit as "Our Servant and Messenger" united as "The Holy Trinity" – with the intercession of Mother Mary as "Our Queen and Mother" and Saint Joseph as "Our Father of the Universal Church of Love and Peace" to complete "The Holy Family" in Heaven…

Please bless all families to become One Heart with the Power of:

1. *The Holy Spirit of Love* – that we may always love You O God, the Poor and the Needy, and those we may not like or love;

2. *The Holy Spirit of Respect* – that we may always honor Your needs O God and that of other people;

3. *The Holy Spirit Understanding* – that we may always feel and know Your needs O God and that of other people;

4. *The Holy Spirit of Care* – that we may always give our attention to Your needs O God and that of other people;

5. *The Holy Spirit of Compassion* – that we may always feel sympathy by sharing our feelings and needs with You O God and to other people;

6. *The Holy Spirit of Consideration* – that we may put Your needs O God and that of other people first before our needs;

7. *The Holy Spirit of Sacrifice* – that we may always offer our blessings and our Life to You O God and to other people;

8. *The Holy Spirit of Kindness* – that we may always be meek, gentle and friendly to You O God and to other people;

9. *The Holy Spirit of Joy* – that our source of happiness may be Your happiness O God and that of other people;

10. *The Holy Spirit of Peace* – that we may find order, calmness and serenity in fulfilling Your needs O God and that of other people;

11. *The Holy Spirit of Humility* – that we may never deem ourselves better than others, by putting other people greater than ourselves in servitude to You O God;

12. *The Holy Spirit of Generosity* – that we may always share our blessings to those in need;

13. *The Holy Spirit of Gratefulness* – that we may always give praise, be thankful and appreciative of the blessings we receive from You O God, and that from other people;

14. *The Holy Spirit of Forbearance* – that we may always have self-control and patience in fulfilling Your needs O God, even when we may not like, and to those we may not like or love;

15. *The Holy Spirit of Deliverance* – that we may always ask God and others for protection, and save others by letting them feel God's Love, our love;

16. *The Holy Spirit of Courage* – that we may always fulfill Your needs O God and that of others without fear;

17. *The Holy Spirit of Inner Strength* – that we may always believe in God's Power to overcome our weaknesses;

18. *The Holy Spirit of Unity* – that our common goal may be fulfilling Your needs O God and helping others;

19. *The Holy Spirit of Justice* – that we may always defend equality and righteousness;

20. *The Holy Spirit of Forgiveness* – that we may always apologize to You O God and to others, for any unrighteous deed we may have done, and to also accept apologies from others;

21. *The Holy Spirit of Wisdom* – that we may always feel, see and do what is true and what is right so we may feel Love from You O God and amongst others;

22. *The Holy Spirit of Truth* – that we may always be honest and honorable in all our principles, intentions and actions;

23. *The Holy Spirit of Divine Knowledge* – that we may always see, hear, speak, feel and do only the deeds that are Good, Sacred and Holy of that shall make us Your "image and likeness" O God; and

24. *The Holy Spirit of God's Love* – that we may always appreciate the beauty of Your Creation O God amongst all people and in nature;

That everything we may do as a family shall be for Your greatest glory O God, and for the salvation of all Humanity. Amen.

III. <u>Inspirational Artworks</u>

A. The Spiritual Beginning of Family Love

O God, [illegible] : of
Family Love.
That we may learn to be selfless in everything we do.
That everything we do be for Your greatest glory,
For the salvation of families,
For the salvation of Humanity,
And for the purification of our Soul. Amen.

2. “The Courtship”

O God, please teach all Men the Holy ways of courtship for single Women and Men -
Through love letters, expression of talents, and inspirations that come from the Heart.
That they may learn to truly please a Woman’s Heart,
Always with the Heart for Family Love of Spiritual maturity as grown-ups -
Through good deeds of Courtesy, Humility, Generosity and Kindness filled with sincerity.

That these Holy Virtues may be given greatest importance by all Women -
Far greater than mere status, intelligence, material gifts, physical looks and skills, and wealth.
Please bless us with the Spirit of Wisdom in discerning the One for us -
Whom together as One, we shall live to glorify Your Name and bring Love in

3. “The Date”

O God, please teach all Men the Holy ways of dating.
Always in the good intention for Family Love within Humanity.
That they may learn to truly understand a Woman’s Heart,
To know each other peacefully and romantically - mindful of each other’s feelings.
Please help them to have the Holy Virtues of Humility and Kindness –
In everything they say and do to each other with sweetness and thoughtfulness.

As the most honorable and righteous Men for God -
Are the ones who truly give utmost respect in protecting Women’s purity and chastity.

4. “The Dance”

O God, please teach all Men the Holy ways of dancing.
That they may learn to truly please a Woman’s Heart,
To express the Goodness of their culture in uplifting purity and chastity.

Please help them have courtesy, moderation and self-control –
In everything they do for each other with tenderness and gentleness.
And that Unity may reign amongst everything that people do.

5. “The Marriage”

O God, we offer to You all the marriages in Humanity.
That loving couples may pledge their commitment for each other.
To love each other all for Your greatest glory.
That in both times of happiness and sadness, they may be faithful to each other.

May they grow together Spiritually –
Through Virtues of Humility, Love, Kindness, Generosity and Forgiveness.
As a loving couple, may they share their love in helping their community and

6. “The Wedding Feast”

O God, we offer to You all the wedding feasts throughout Humanity.
That loving couples may celebrate their love for each other.
To honor those who helped them in their Love.

To share their happiness with others.
That a new Spiritual Life may begin for the couple.
A Life filled with Joy and gladness!
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7. “The Honeymoon”

O God, we pray for all newly married couples throughout Humanity.
That as One they are already a family in the Eyes of God.
May everything they do be done through Love.
May their good intentions be always pure – with respect for the gift of Procreation.

To grow romantically together in tenderness, gentleness and self-control.
To please the other person affectionately, respectfully and passionately.

That they may have God’s Holy Presence in everything they do.
As mature Spiritual grown-ups, that they may share their affection in private –
To grow intimately in warmth that is special only between the two of

8. “The Marriage Counseling”

O God, we pray for married couples that they may learn to counsel each other -
During times when they have uncomfortable feelings of hurt, sadness, anger or fear.
May they do this with the Holy Presence of God’s Love.

To express feelings properly, and mindful of the feelings of the other person.
To have forbearance and patience in everything they say or do.
To have an apologetic Heart, as much as a forgiving Heart.

That even at difficult times in marriage, that they may still speak kindly to each other -
With meekness and gentleness.

9. “A Loving Couple is already a Family”

O God, a loving couple is already a family in the Eyes of God.
For their Love for each other already becomes One Heart.
May they learn to grow more Spiritually with one another.

That as a loving couple, may they do good deeds to those in need.
That as a loving couple, may they learn the path of Holy Virtues of Humility, Love and Peace.
That as a loving couple, may they enjoy the Beauty of Spiritual Life of God’s Love.

That as a loving couple, may they treat Humanity as their own family.
That in everything they do, be done to extend their Love to others.
Amen

B. The Spiritual Birth of Family Love

10. “The Pregnant Mother”

O God, please bless all pregnant women.
For they are already mothers in The Eyes of God.
To care for a helpless infant in their womb brings Joy in Heaven.

For this affirms that women are selfless in protecting the least.
Please guide all mothers to protect the life of the child within them.
To nourish the infant, that new-born babies may be born to bring life to Humanity.

And that the child’s father may also partake in helping the pregnant mother.
For this is everyone’s responsibility – for God’s Love.

For even when babies are conceived from the seed of the husband and

11. “The Newborn Baby”

O God, please bless all newborn babies.
Please protect them that they may grow to enjoy the Beauty of Life.
So little, so helpless and so fragile – so filled with purity and innocence!

So helpless to seek the loving gentle hands of one’s parents.
So gentle, so meek and so mild – so filled with tenderness!

Such little beings, the least amongst everyone on Earth –
To remind us that we were once a helpless baby.

12. “A Newborn Baby is the Joy of the Family”

O God, thank you for all couples who bring Spiritual Life to Humanity.
We praise and glorify you for the mothers who chose Life.
We praise and glorify you for the fathers who chose to protect Life.

For they are worthy of Heaven’s praise as saviors of the least.
For in choosing Life, that loving parents are already heroes in The Eyes of God.
For we are alive today!

As loving parents bring Joy in Heaven.
To extend their love to little helpless beings such as their own baby.

13. “The Holy Family is the example for all Families”

O God the Father, thank you for the Birth of Our Lord Jesus Christ.
That we may follow the example of The Holy Family.
Our Baby Jesus was once in the womb of Mother Mary -
Conceived by the Power of the Holy Spirit.

As a helpless baby, Infant Jesus was cared for and nourished by her.
Our Lord was born in a stable – O God the Son so humble!
He was protected by Saint Joseph, as His earthly foster father.
That together as a Holy Family that they protect and love each other.

To fulfill the mission of God for Humanity.

14. “Newborn Babies are the greatest Joy of loving Parents”

O God, thank you for blessing Humanity with loving fathers and mothers.
For they appreciate the Beauty of God’s Creations found in such a helpless baby.
As our Soul comes from Our Creator, and our bodies came from our parents –
You have blessed our parents to be Co-Creators with You O God.

That we may appreciate the Beauty of Life on Earth.
That through the Love of our loving parents –
That our Soul may return to Our Creator in Heaven.
As affection abounds in the arms of tender-loving fathers and mothers!

For loving parents learn to be humble,
To be tender and gentle as their own baby.

15. “The Baptism”

O God, please welcome our newborn babies in our community.
For through the welcoming Heart of all families –
That our babies become part of everyone’s family.
As families grow to become one community.

That all families may help the least, such as babies, to grow Spiritually in loving God.
For our baptism through our acceptance in the Heart of all families –
That we experience the first taste of warmth and affection from everyone.
That same Love from God extended to the new members of the family.

Praise be to God for Life!

C. The Spiritual Growth of Family Love

16. “Mother Mary is the Mother of Affection”

O God, thank You for Mother Mary, the mother of Baby Jesus - our mother.
So we may extend that same affection that she gave to Baby Jesus, Our Lord.
She embraced Baby Jesus in her loving arms, with gentle hands
With warmth that her cheeks touched the face of God as a Child.

Through warm hugs that the Heart of our Mother and the Child become One.
Tender loving kisses abound to bring smiles to the least.
To be childlike as well to care for a helpless baby.

In meekness and gentleness as infants.

17. “Mother Mary teaches Baby Jesus to stand up and walk”

O God, thank You for Mother Mary, the mother of Jesus - our mother.
So we may extend that same encouragement that she gave to Baby Jesus, Our Lord.
She encouraged Baby Jesus to stand up and walk through her loving arms.

With gentleness that her hands held the hands of God as a Child.
Through the warm encouragement that the Heart of our Mother and the Child become One.
Tender loving words abound to bring smiles to the least.

To be childlike as well to care for a helpless baby learn to walk in pure enthusiasm as infants

18. “The Father carries his Baby with Joy”

O God, thank You for loving fathers.
For they are grateful to God for the Gift of Life.
As the greatest gifts we receive from our fathers are affection and warmth.

As the meek and gentle hands of our father lift us up.
To carry us as helpless babies.
To bring joy, gladness and laughter.

That fathers may be humble to be as gentle as their own babies.
To bring meekness and gentleness throughout Humanity.
For Humility is the source of strength of loving fathers.

19. “Loving Parents comfort their Baby”

O God, when we were helpless babies crying for help,
You sent loving parents to comfort us.
Their gentle whispers and songs helped us have a good rest.

To be at peace that they were with us.
With warmth that we feel secure that we were not alone.
But You sent loving parents as Guardian Angels to be with us at times of need.
Amen.

20. “The Breastfeeding Mother”

O God, when we were helpless babies in need of nourishment,
You have blessed us with our mother that we may breastfeed.
To regain our strength and be healthy always.
Sustenance is what we get from motherly affection.

Nursing us to grow strong and enthusiastic.
As the health of babies also depend on the health of

21. “The Bathing of the Baby”

O God, when we were helpless babies in need to be clean,
You have blessed us with our loving parents that we may be bathed.
To be cleansed from any impurities that we may always be healthy.
Freshness and rejuvenation is what we get from the care of our loving parents.

Humility is what we learn to be worthy Servants of God.
As the health of babies also depend on the concern of their loved ones.
That loving parents be praised as the source of health for the least.

22. “The Feeding of the Baby”

O God, when we were helpless babies in need of nourishment,
You have blessed us with our loving parents that we may feed on healthy foods.
To be nourished, to regain our strength, and that we may always be healthy.
Our body may need food, but our Heart needs Love.

Compassion is what we get from the concern of our loving parents.
To be of service for the least is what we learn to be worthy Servants of God.

23. “Parents teach the Baby to stand up”

O God, when we were helpless babies,
Thank You for blessing us with loving parents who taught us to stand.
We felt so much encouragement that we may be strong -
To stand up through the loving arms and gentle hands of our parents.

That even our parents have become childlike to care for us as helpless children.
That Joy and happiness may be in everyone’s loving Heart.
Amen

24. “Parents teaches the Baby to walk”

O God, when we were helpless babies,
Thank You for blessing us with loving parents who taught us to walk.
We felt so much encouragement that we may be strong -
To stand up and walk back to our parents again.

That we may again be embraced with their loving arms.
With gentleness that we may feel loved.
Cheerfulness and smiles are what encouraged us!

Loving words abound that even as babies, they believed in us that we can do this.
That even our parents have become innocent and pure for us as helpless children.

25. “Our Parents teach us loving ways to show respect”

O God, please teach us loving ways to show respect for our parents.
That we may greet them with warmth and happiness –
As children humbly kissing them on the cheek.

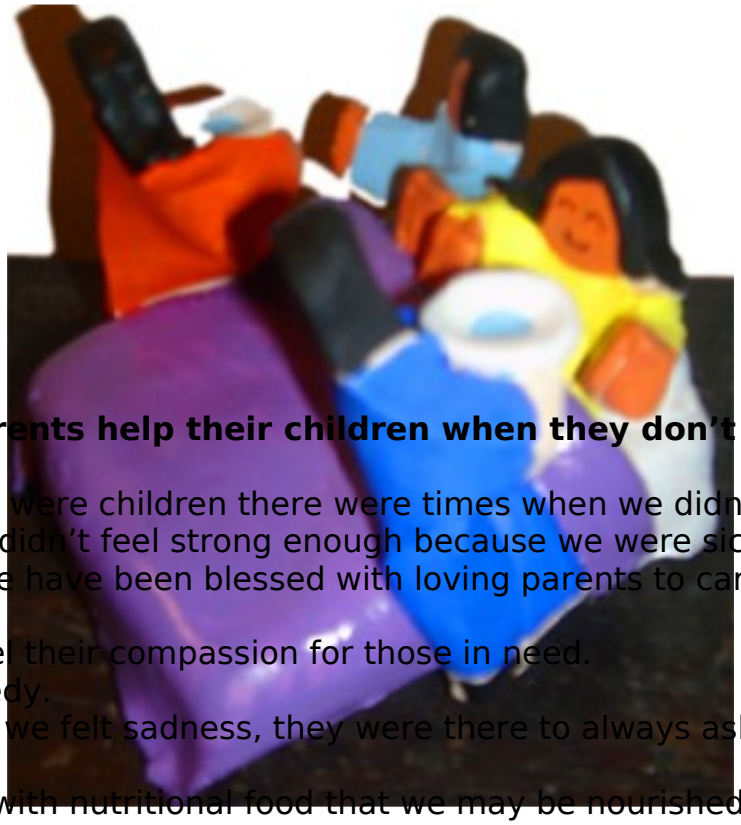
This is the least that we can do to show our gratefulness for their Love and Care.
That parents may also bend down also to show an equality of respect for children.
These that equality of honor for each other may reign within the Family.
That cheerfulness of rejoicing to see each other may bring Joy in

26. “Our Parents are our first source of refuge”

O God, when we were children who worry, were bothered and troubled -
Thank You for blessing us with loving parents that we may seek refuge from them.
When there is something that has hurt us and oftentimes we cried and complained,
They were there to comfort us and assured us of their protection.

With soothing words that they help bring smiles on our face again.
When we need to learn a lesson from what happened,
They clearly explain to us their advice that we may learn from our experience.
When there are things that bring Spiritual harm to their children,
They provide the righteous way of defending Justice that their children may be protected.

When there are other people who offended their children,
They provide peaceful ways of telling those concerned that others may also



27. “Parents help their children when they don’t feel well”

O God, when we were children there were times when we didn’t feel well.
We felt sad and didn’t feel strong enough because we were sick.
Thank You for we have been blessed with loving parents to care for us.

That we may feel their compassion for those in need.
For we were needy.
That even when we felt sadness, they were there to always ask us how we have been.
They served us with nutritional food that we may be nourished and strengthened.

They helped in providing us with the proper medicines.
They helped us visit the doctor.
They seek the help of God in Heaven to heal their children.

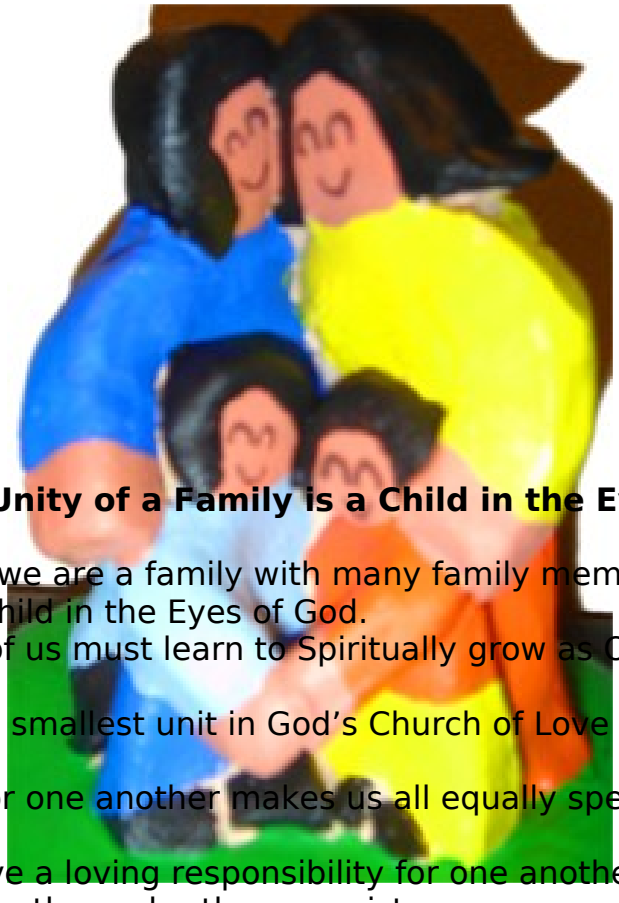
Our loving parents comforted us to make sure that we get well soon.

28. “Our Parents carry us in their loving arms”

O God, when we were helpless children in need of Your Care,
You sent to us our loving parents that they may also provide God’s Love.
When we feel tired of standing up or walking,
They were there to carry us in their loving arms.

When they feel that we cannot walk a great distance,
They were there to carry us with them.
With their warmth that we feel secure and loved.

We depended so much to those who were physically stronger -
But instead, our Heart felt that it is the Spirit of Love and Compassion for the least –
That truly helps save Life throughout Humanity.



29. “The Unity of a Family is a Child in the Eyes of God”

O God, even if we are a family with many family members,
We are but a Child in the Eyes of God.
As a Child, all of us must learn to Spiritually grow as One.

We may be the smallest unit in God’s Church of Love and Peace on Earth,
But our Love for one another makes us all equally special.

We may all have a loving responsibility for one another –
As a father, a mother, a brother or a sister –
But as One, we are a Child in the Eyes of God.

With Our God as the True Head of the Family and we are mere followers.
With God’s Divine Grace and Power –
That our family as God’s Child grows to be more Spiritually mature

D. The Spiritual Responsibilities of Family Love

30. “Parents are the first teachers of their children”

O God, please teach all of our parents to become good Spiritual teachers.
That children may also be made aware of Scripture and messages.
That parents may impart Your Divine Truths of Love and Righteousness.
For our parents are our first teachers in Life.

With Hope that Your commands to help the least may be understood by our children.
Beyond what our parents may do to help children to speak, read and write –
That parents may be God’s Servants that children may also learn to Love.

To love God above all.
To love others, that same Love we received from our parents.

For God is pleased with parents who are obedient to God’s Holy Will for Humanity.

31. “The Holy Spirit of God’s Love is found in Scripture”

O God, thank You for the messages and Scripture You have sent through The Holy Bible –
Through prophets, messengers and servants.
Especially for all the Divine Truths that has been revealed through Our Lord Jesus Christ -
His Life and teachings that our Heart may see –
That Love for the least is God’s greatest command for Humanity.

As the least includes:
Love for children,
Respect within families,
Counsel of sinners,
Compassion for the Poor,
Care for the Needy,
Salvation of Humanity, and
Protection of Earth.

As all these we all shall fulfill as mere God’s Servants, as a Family for God’s

32. “Parents teach their children to pray”

O God, may all parents teach their children to pray to You.
May they do this before children go to sleep at the end of the day.

That children may learn to praise You O God.
That children may learn to thank You for the blessings they received for the day.
That children may learn to ask help from You for any of their concerns.
That children may learn to seek forgiveness for any wrong they have done.
That children may learn to pray for the needs of others.

With hope that God’s Love may continue to reign amongst the innocence of

33. “The Children of God pray before they sleep”

PRAY:

“O God, we praise and glorify You.
Thank You for all the blessings we have received today.
We lift up to You all our concerns for tomorrow.
We are sorry for the sins we may have done today.

Please guide us,
That our thoughts and everything we say or do be for Your greatest glory.
Please protect us even as we sleep,
That tomorrow we may have more strength to love others and serve You.

Please bless those who are in need of Your Love,
That we may always be Your Servants of Compassion and

34. “Parents discipline their children”

O God, please teach all parents the loving ways of disciplining their children.
May all parents understand that children are always in the path of Spiritually growing -
Of learning how to be good and strengthened in the Holy Virtues of Love.
May parents point to their children their mistakes
And what needs to be Spiritually changed in their attitudes.
May parents speak with ease and gentleness as Spiritual teachers.

May parents help children become more aware of good judgment –
Of what is ‘good’ and what is ‘bad’, of what is ‘right’ and what is ‘wrong’.
May parents encourage children to choose what is ‘good’ and what is ‘right’–
So that children may see the goodness in their Heart –
To be of Holy Virtues of Humility, Love, Justice and Forgiveness from God -
Also in oneness with the love of Mother Mary and Our Lord Jesus Christ.
To see the Light of Truth of what is most beneficial to the Soul, and that of others.
For parents need to give some warnings to children who needs to be humbled.
For disciplinary actions of punishment shall be given by parents –
To children who disobey and show no respect for others.
Children of God.
But even if parents may show their authority to defend the obedience for righteousness,
That they may also be patient and compassionate in their ways.
That children may also learn to have utmost Reverence and respect to God.
For in any punishment, that children may have the fear in doing what is ‘bad’,
And learn to have the Inner Strength of self-control
From one’s weaknesses and against temptations -
But be pure in Spirit to do what is Good and to defend what is right.

That parents may still need to honor the good deeds of their children despite of any action.

35. “Parents reconcile their children”

O God, please teach all parents to learn how to reconcile their children.
When at times children fight each other, please bless them with the Holy Spirit of Peace.
That orderliness, calmness and serenity may reign happily in all families.
For any conflict amongst children, please help parents to have patience and peace –
By this way that they show they have control over the situation.

Please bless all parents to have Wisdom –
To discern the good deeds and the wrong done by those concerned.
May they call their attention to talk about their concerns peacefully –
With the softest voice possible.

May each child be given an equal chance to speak their side.
May all children learn to speak with Love and Kindness, and in all-honesty.

That parents may become God’s Peacemakers in their Home.
May the offender apologize to those concerned, as much as to their parents –
And may the other accept one’s apology.

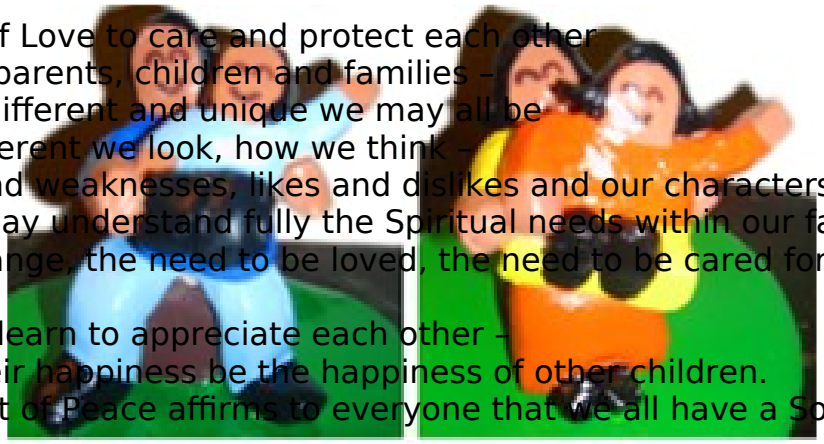
But in all situations, all children have to apologize to each other –
For any anger they may have shown to each other.
Instead, may all those concerned do good deeds of Peace to one another.

These that the Spirit of Forgiveness may reign amongst everyone’s Heart.
May all parents give Words of Wisdom that any conflict may not arise again –
And suggest for any penance through good deeds of Kindness,
That children would do for each other for God’s Love.

Always to teach children the path of Holy Virtues of Love -
Of Kindness, Generosity, Compassion and Forgiveness.

36. “Parents unite their children”

O God, please teach all parents to learn how to unite their children.
May all parents understand that each child is special and unique in the Eyes of God.
The same way that there are many different flowers in the garden,
Birds in the sky and fish in the ocean.
But please help all parents that Love unites everyone together.



The Holy Spirit of Love to care and protect each other
Is present to all parents, children and families –
No matter how different and unique we may all be
Such as how different we look, how we think –
Our strengths and weaknesses, likes and dislikes and our characters.
These that we may understand fully the Spiritual needs within our family –
The need for change, the need to be loved, the need to be cared for.

May all children learn to appreciate each other –
With Joy that their happiness be the happiness of other children.
As the Holy Spirit of Peace affirms to everyone that we all have a Soul from God Our Creator.
May we all unite do the Work of God as a Family through Peace and Unity.

And this Work of God is to care for the Spirituality of one another –
That as one people everyone may learn –
To be humble, wise, appreciative, generous, forbearing, forgiving, understanding and

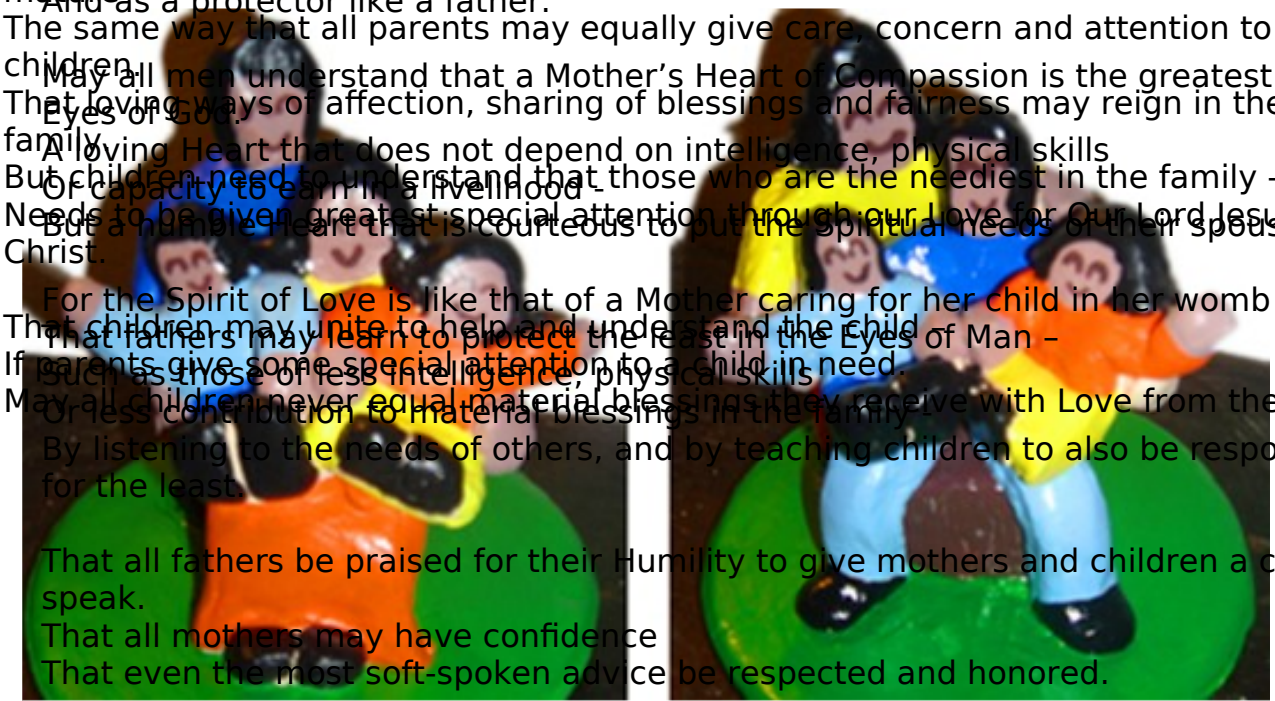
37. “Parents love their children equally”

38. “Both the Mother and the Father raise their children equally”

O God, please help all parents love their children equally.
May parents understand that each child may be of different age, maturity and uniqueness –
Regardless the child may be a boy or a girl, of different rank of birth,
Of different levels of intelligence, of different character or of strengths and weakness –
Each child still needs to be loved equally.

The same way God sees all families like a Child who needs to become Spiritually mature –
The same way that all parents may equally give care, concern and attention to all children –
That loving ways of affection, sharing of blessings and fairness may reign in the family.
But children need to understand that those who are the neediest in the family –
Needs to be given greatest special attention through our Love for Our Lord Jesus Christ.

That children may unite to help and understand the child –
If parents give some special attention to a child in need.
May all children never equal material blessings they receive with Love from their



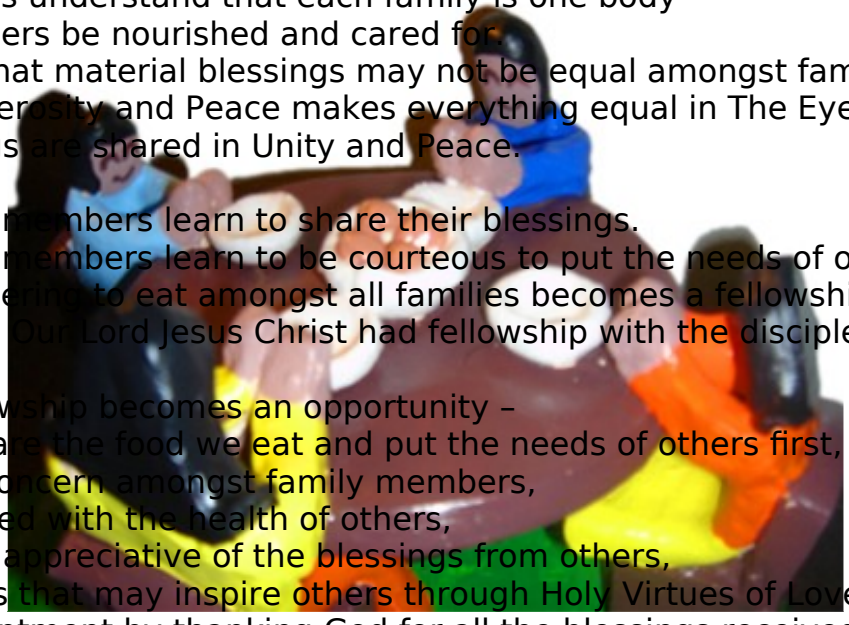
O God, please help all mothers and fathers to raise their children equally.
That both mothers and fathers may have an equal voice in raising their children.
With Hope that children may give importance to the Wisdom from both parents.
That even if the responsibilities of fathers are providers for their family,
That Men may learn in raising their children with affection and personal service like a mother.
That even if many mothers may just be home-makers,
That Women may learn in raising their children with guardianship
And as a protector like a father.
May all men understand that a Mother’s Heart of Compassion is the greatest in the Eyes of God.
A loving Heart that does not depend on intelligence, physical skills
Or capacity to earn in a livelihood –
But a humble Heart that is courteous to put the Spiritual needs of their spouse first.

For the Spirit of Love is like that of a Mother caring for her child in her womb -
That fathers may learn to protect the least in the Eyes of Man –
Such as those of less intelligence, physical skills
Or less contribution to material blessings in the family –
By listening to the needs of others, and by teaching children to also be responsible for the least.

That all fathers be praised for their Humility to give mothers and children a chance to speak.
That all mothers may have confidence
That even the most soft-spoken advice be respected and honored.

39. “Families share their blessings equally”

O God, please teach all families to share their blessings equally amongst each other.
May all families understand that each family is one body -
That all members be nourished and cared for.
It may seem that material blessings may not be equal amongst family members –
But Love, Generosity and Peace makes everything equal in The Eyes of God,
When blessings are shared in Unity and Peace.



May all family members learn to share their blessings.
May all family members learn to be courteous to put the needs of others first.
Then any gathering to eat amongst all families becomes a fellowship –
The same way Our Lord Jesus Christ had fellowship with the disciples.

Then this fellowship becomes an opportunity –
To learn to share the food we eat and put the needs of others first,
To open any concern amongst family members,
To be concerned with the health of others,
To learn to be appreciative of the blessings from others,
To hear stories that may inspire others through Holy Virtues of Love,
To have contentment by thanking God for all the blessings received.

And that Words of Wisdom may abound amongst us all.
These that God judges not the food that we eat or how material things are prepared,
But how we are able to express the goodness of our Heart –
Through Holy Virtues of Care, Compassion, Generosity, Consideration and Joy with each other –
In one simple gathering of eating altogether in Unity as a family.

PRAY:

“Thank You O God for the blessings we are about to eat.
Please bless those who may have nothing to eat.
We offer to You this opportunity to share our Love for one another.”

40. “Parents teach their children the importance of Generosity”

O God, please help all parents teach children learn the importance of Generosity.
For Generosity is to share our blessings with one another.
As the best blessings we may receive to learn the Holy Virtue of Generosity –
Are those that we can also share to others with Compassion -
And not merely satisfying our own selves or pleasing our own selfish desires.

May parents give blessings to their children,
That their children may share amongst them equally.

Blessed are children who give more blessings to others greater than what they receive.
Blessed are children who would instead give the blessings they received to the needy.
Blessed are children who would share the blessings they received to the Poor.
Blessed are children who are thankful and appreciative –
For the blessings received from their parents.
Blessed are children with honesty to admit that what they will receive may be too much.
Blessed are children with integrity to admit that what they will receive may be unhealthy.
Blessed are children who are happy even the simplest blessing they may receive.
Blessed are children who are contented not to demand or complain on what they want.
Blessed are children who are grateful enough to return a good deed of generosity to the giver.

Because for in any good deeds of Generosity, that the material blessing does not matter –
But the Holy Spirit of Love to share that comes from the generous Heart

41. “Parents teach their children to be generous to the Poor”

O God, please help all parents to teach their children to be generous to the Poor and the Needy.
May all children be inspired with the kind of Love they have received from their parents.
And realize that the Love from their parents are blessings from God.

That through our Love for Our Lord Jesus Christ and Mother Mary,
That we may extend this Love even to those outside of our own immediate family.
That we may extend this Love even to those who couldn’t give us any material thing in return.

May all children feel sympathy for those who have less or no blessings at all.
For the True Children of God are those who truly care even for those they may not like or love.
As much as many families have been blessed with so much blessings,
Please O God that You always touch our Heart not to be too proud for these material blessings.
That all families may realize that their blessings are to be shared for the least of our brethren.

May the blessings that You give to us O God may never make us think that we are better

42. “Parents teach their children to be generous to other families”

O God, please help all parents to teach their children to be generous to other families.
Thank You for all the blessings that all families received from Your loving grace.
But please help all families to unite to be generous to other families as well.
That the Love of God given to all families may be shared to other families –
Even if they are not their relatives, friends, neighbors or co-workers.

You have called us O God to be one community,
That even families who live together may unite under Your Love and Power.
That good deeds of Generosity be a vessel for Unity and Peace –
Even amongst those families that this world may have misled them to dislike each other.

As much as You have blessed our family with so much blessings,

43. “Loving children share their blessings to others”

O God, please help all children to be generous –
By sharing what they have with their brothers, sisters and friends.
May the blessings that children receive never make them think they are better than others.
But You O God gives more praise for children who offer their blessings –
Even to those they may not like or to those they may not even know.

These that friendships may reign amongst children.
These that Peace may reign in everyone’s Heart.
That the Holy Spirit of Kindness may live amongst all children.

44. “A loving family is a healthy family”

O God, thank You for blessing us with parents, siblings and relatives.
Together we learn to Spiritually grow with each other.
Through Holy Virtues of Humility, Consideration, Compassion and Forbearance.

We may be different from each other,
But God’s Love makes us all equally love each other.
We may experience many conflicts with each other,
But God’s Peace makes us all listen peacefully to each other.
We may have different blessings and talents,
But God’s Generosity makes us all share our Love to help others.

That a happy family may not only be merely based on laughter or material blessings -
But a deeper sense of relationship to protect the feelings and the Spirituality of each other.
That a family filled with Holy Virtues of Love and Forgiveness is truly a healthy

E. The Spiritual Activities of Family Love

45. "A loving family celebrates the birthday of each member"

O God, thank You for my birthday today.
Thank You for all the blessings I have received.
But most importantly is the Spiritual growth I experienced –
Through my Love for You.

Please, through my wonderful experiences and relationships with others –
That I may continue to grow in Humility, Love, Generosity and Forgiveness.
That the Holy Spirit of Virtues are the ones that keep us all alive each day.

I pray that my birthday wish be not for my own,
But for my family and all families throughout Humanity.

46. “The Birthday Party”

O God, please bless those who have come to celebrate my birthday today.
May this day not only be an opportunity for me to feel special as a celebrant,
But instead a chance for me to serve others such as my family and friends.
For they have helped me to grow Spiritually through their Love and Care.

I also invite those that I may not know, like or love –
So that this may be an opportunity to provide God’s Peace to others.
Because God’s Love amongst others in sharing my happiness today –
Is what truly makes me happy and cared for -
Greater than the food and material gifts that I receive today.

Let this day be a day of Generosity –
The sharing of blessings from all who helped make God’s Love be

47. “The Family Christmas Celebration”

O Lord Jesus Christ, today is Christmas.
Happy birthday Our King and Lord!
As a family, we celebrate the day when You were born.
The day when God the Father Our Creator has blessed Humanity –
With our Savior and Redeemer!

O Lord Jesus Christ, this is Your own special day!
This is the day when The Holy Family was born –
Through Mother Mary, Saint Joseph and Baby Jesus!
That their example of simplicity and obedience to The Father may inspire all families.
That the Kingdom of God has come for the least of our brethren.
Conceived through the Power of The Holy Spirit –
That all of us may share this day to bring happiness for the Poor and the Needy –
Greater than receiving and giving material gifts to each other.

That God’s Holy Spirit of Peace may reign amongst all.
That all families may celebrate with each other The Special Day of Love.

48. “Scripture Reading by the Family”

O God, please teach all families to give time to read the Scripture and Gospel in The Holy Bible.
For Words of Wisdom become stronger as these are shared with each other.
To discuss with one another how God’s Truths could apply to our daily living.
That we may give chance to each other to express our Heart’s concerns through Wisdom.

Let the Life of Our Lord Jesus Christ inspire us all to be more compassionate.
That we may ask ourselves as a family –
How we can be in the ‘image and likeness’ of God through Holy Virtues of Love.
For there is God’s Wisdom through good deeds within the family and for the needy.
All by following the good examples of Our Lord Jesus Christ for the Poor.

That God’s Divine Grace and Power be poured to those families –

49. “The Family Prayer Meeting”

O God, we gather in Your Most Holy Presence.
We pray together as a family.
That we may proclaim our Unity in expressing our prayerfulness.

We worship You, O God, as a family.
We thank You for all the blessings You have given to our family.

Please forgive us for any wrong we may have done.
We also pray for all other families throughout Humanity that You bless them.

Please listen as each one of us expresses our praise and concerns to You, O God.
That we may all unite in praise of Your Most Holy Name

50. “The Family prays in silence”

O God, we stand up in our prayer as a family.
We bow our heads to acknowledge Your Holy Presence.
With our hands together in prayer that we offer to You our concerns.

We pray in meditation to be in touch with our Heart.
That through our silence that You may speak Your words of

51. “The Family praises God!”

O God, we stand up to praise Your Most Glorious Name!
As a family, we raise our hands in awe of You!
We sing hymns to express our praise!
With open arms we welcome You in our Heart!
That Your Divine Grace and blessings may fill us with Joy and gladness!

52. “The Family kneels before God”

O God, we kneel before Your Most Holy Presence.
With utmost Humility that we show our Love for You.
We bow our heads to seek Your Most Divine Grace.

53. “The Family gathers in prayer”

O God, we gather together as a family.
We stand in Your Most Holy Presence –
Fully aware that You are with us.

We feel Your Holy Presence as we pray in unity.
That You may listen even in the softness of our voice.

54. “The Family hold hands in prayer”

O God, we stand in awe before You.
We shall remember Your wonderful good deeds for Humanity!

You are ever-glorious in saving our Soul!
You are mighty in saving our families!

In unity in prayer as a family that we may honor You in glorious Heaven!

55. “The Family bows in Humility”

O God, we have utmost Reverence for You.
You may be invisible in our eyes, but in good deeds You are heartfelt
But Your mighty good deeds to touch our Heart are ever-powerful!

We bow in utmost sincerity to seek Your mercy.
We ask for Your forgiveness, O God!

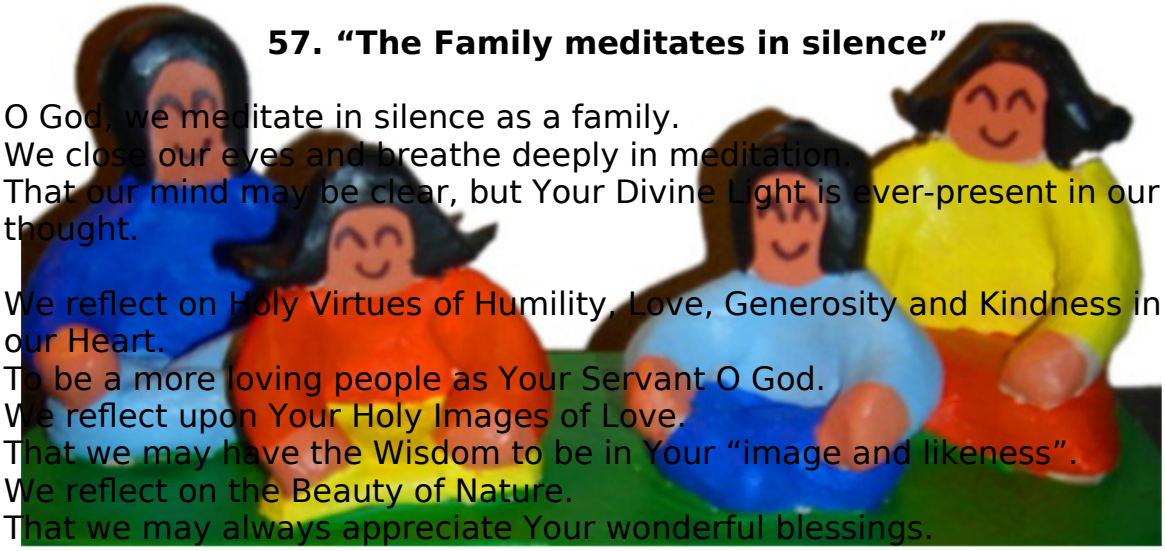
Please look upon us, renewed sinners, for we need You.
We are nothing without You O God,
And to You we all depend.
For You, O God, are the source of our salvation.

56. “The Family holds hands to praise Heaven”

O God, we hold our hands together as a family.
We raise our hands with confidence –
To show that we rejoice in Your Holy Presence in our Heart!
You have done so many wonderful good deeds for all families –
That we all praise Your Holy Name in Heaven!

You are All-Humble, Kind and Forbearing!
You are All-Wise, Just and Truthful!
You are All-Loving, Compassionate and Forgiving!

Please fill us with the Power of the Holy Spirit -
That as a family, we may be in Your “image and likeness”
O God!



57. “The Family meditates in silence”

O God, we meditate in silence as a family.
We close our eyes and breathe deeply in meditation.
That our mind may be clear, but Your Divine Light is ever-present in our thought.

We reflect on Holy Virtues of Humility, Love, Generosity and Kindness in our Heart.
To be a more loving people as Your Servant O God.
We reflect upon Your Holy Images of Love.
That we may have the Wisdom to be in Your “image and likeness”.
We reflect on the Beauty of Nature.
That we may always appreciate Your wonderful blessings.

For with Your Power that we regain Inner Peace.

58. “The Family raises hands to Heaven”

O God, You are Infinite Love!
You are Infinite Holiness!
You are Infinite Joy!
And the Infinite Source of Divine Grace and blessings!

O God, You are truly the Source of ALL Goodness!
We love You forevermore –
With all our Heart, mind, body, Soul and Inner Strength!
To be Your own Humble Servants to those in need as Your Chosen People,
As God’s Holy Family on Earth!

59. “The Family sings songs of praise and worship”

O God, as a family we praise You and we glorify You!
We sing our songs of praise in glorious Heaven!
We raise our voices to proclaim You as our God!
We soften our voices to show our Humility.

As songs of worship are amongst our expressions of prayerfulness.
To express the Joy in our Heart.
In unity we rejoice in the Holy Presence of God. Alleluia!
Amen.

60. “The Family Warm Hug”

O God, we hug each other as a family.
We open our arms to embrace each other.

To express our affection for one another.
To share the warmth in our Heart.

That each of us may be God’s vessels to bring tenderness to others.
The same affection we received from our mother when we were infants.
These that we affirm we are at peace with one another

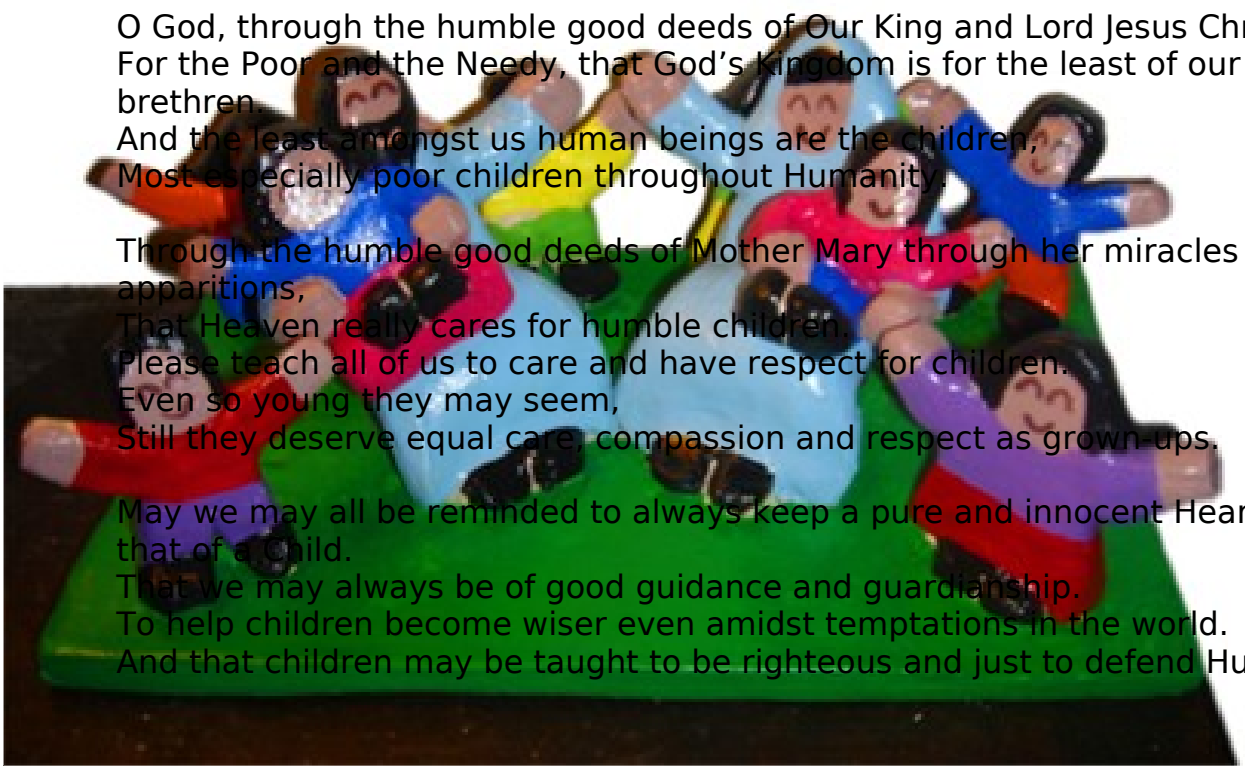
61. “A prayerful Family is a united family”

O God, as a family we kneel in reverence before You in prayer.
We pray The Holy Rosary of The Ever-Blessed Virgin Mother Mary.
We pray to God the Father as Our Creator and Maker –
That God’s Kingdom of Love and Peace may reign in all families.

We pray to Our Lord Jesus Christ Son of God as Our King and Lord –
That we may be compassionate, merciful and just to the Poor and the Needy.
We seek the intercession of Mother Mary as Our Queen and Mother –
That we may learn to be humble, meek and gentle and pure in Heart.
We seek the intercession of Saint Joseph –
That Humanity may be united as a Universal Church of Love and Peace.
We seek the Power of God’s Holy Spirit –
That we may be filled with Holy Virtues of Humility, Love, Peace and Joy.

That glory be to The Holy Trinity!

62. “Our Lord Jesus Christ and Mother Mary loves children”

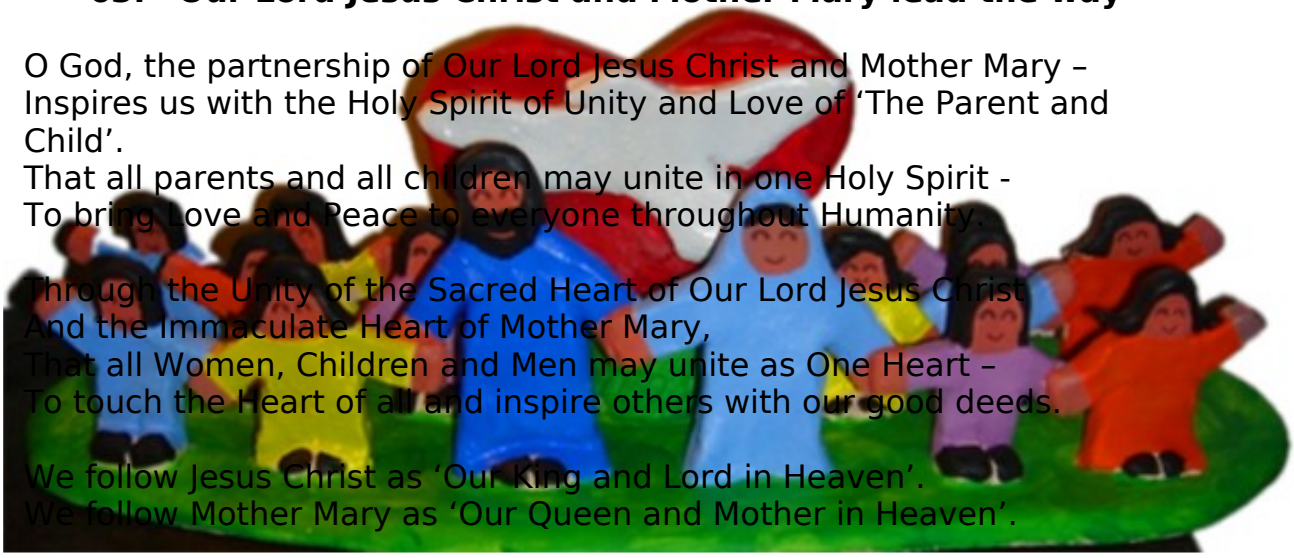


O God, through the humble good deeds of Our King and Lord Jesus Christ
For the Poor and the Needy, that God’s Kingdom is for the least of our brethren.
And the least amongst us human beings are the children,
Most especially poor children throughout Humanity.

Through the humble good deeds of Mother Mary through her miracles and apparitions,
That Heaven really cares for humble children.
Please teach all of us to care and have respect for children.
Even so young they may seem,
Still they deserve equal care, compassion and respect as grown-ups.

May we may all be reminded to always keep a pure and innocent Heart like that of a Child.
That we may always be of good guidance and guardianship.
To help children become wiser even amidst temptations in the world.
And that children may be taught to be righteous and just to defend Humanity

63. “Our Lord Jesus Christ and Mother Mary lead the way”



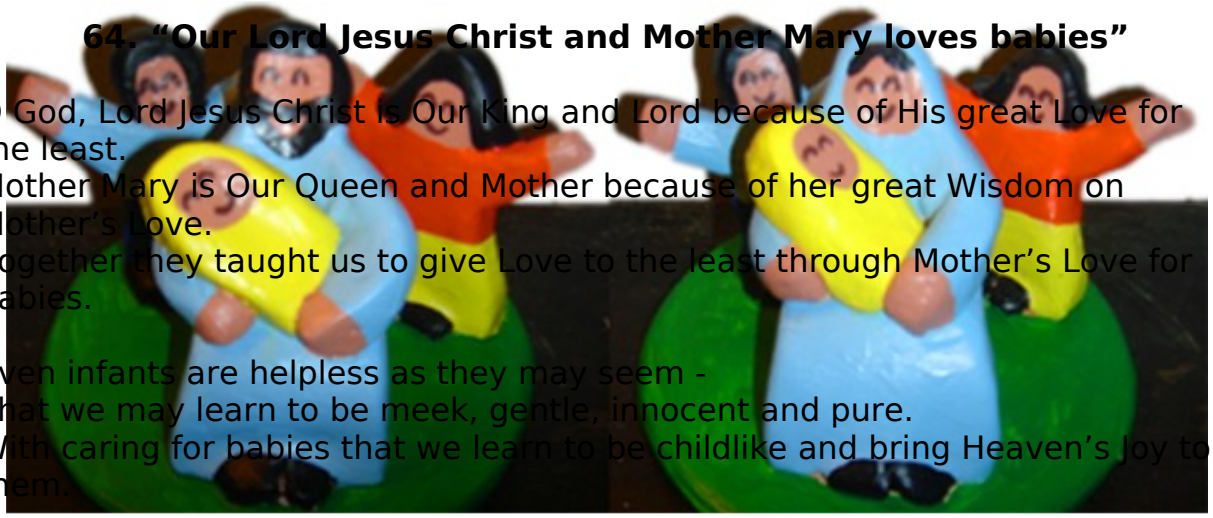
O God, the partnership of Our Lord Jesus Christ and Mother Mary –
Inspires us with the Holy Spirit of Unity and Love of ‘The Parent and Child’.
That all parents and all children may unite in one Holy Spirit -
To bring Love and Peace to everyone throughout Humanity.

Through the Unity of the Sacred Heart of Our Lord Jesus Christ
And the Immaculate Heart of Mother Mary,
That all Women, Children and Men may unite as One Heart –
To touch the Heart of all and inspire others with our good deeds.

We follow Jesus Christ as ‘Our King and Lord in Heaven’.
We follow Mother Mary as ‘Our Queen and Mother in Heaven’.

Regardless of our age, we are all but their children led to a path towards Heaven.
And with our Love for one another brings Heaven on Earth –

64. “Our Lord Jesus Christ and Mother Mary loves babies”



O God, Lord Jesus Christ is Our King and Lord because of His great Love for the least.
Mother Mary is Our Queen and Mother because of her great Wisdom on Mother’s Love.
Together they taught us to give Love to the least through Mother’s Love for babies.

Even infants are helpless as they may seem -
That we may learn to be meek, gentle, innocent and pure.
With caring for babies that we learn to be childlike and bring Heaven’s Joy to them.

That our hands become giving to bring support to an infant.
That our arms become open to receive an infant in need of a warm embrace.
That our Heart may be softened with such gentleness.

For babies are also people, but very dependent on our Love and Care.

65. “The Family does Arts and Crafts”

O God, please teach all families to do wholesome arts and crafts together -
Such as drawing, coloring, painting, pottery, gardening, sewing and others.
We do these for we are inspired by You O God as Our Creator.
For God is the designer of All Creation in Heaven, The Earth and The Universe.

But we understand that skill for these is not important in the Eyes of God,
But that we may simply express our Heart’s goodness –
To show how we appreciate Nature, The Beauty of Life, and Family Love.
And to bring optimism and Hope amongst those who see our creative work.

That people may feel glad and have a happy Heart through our works.
As much as there are countless creations on Earth and in the Universe,
Each of us has a unique way of expressing our goodness through art.
These that we may not compare ourselves and our work with each other,
But to learn to appreciate each other’s inspirations, for Free.

That we may always do these to encourage one another to love the

66. “The Family Arts and Crafts Exhibit”

O God, please help us appreciate each other’s arts and crafts through exhibits.
We do these to inspire people, for Free.
That only You O God in Heaven deserves glory and praise.
For we are mere vessels of heavenly inspirations.

That all of us, how different we may show our art –
We are all united as One Family of God’s Artists -
The same way All Creations on Earth and in the Universe are unique.

No one amongst us is better than the other,
But we all cherish all works closest to those that show the Holy Spirit of Love.
That even the most simple of art, but comes from one’s Heart –
Brings Joy in the Heart of God.

We are all God’s Works of Art.
We are all special in the Eyes of God.

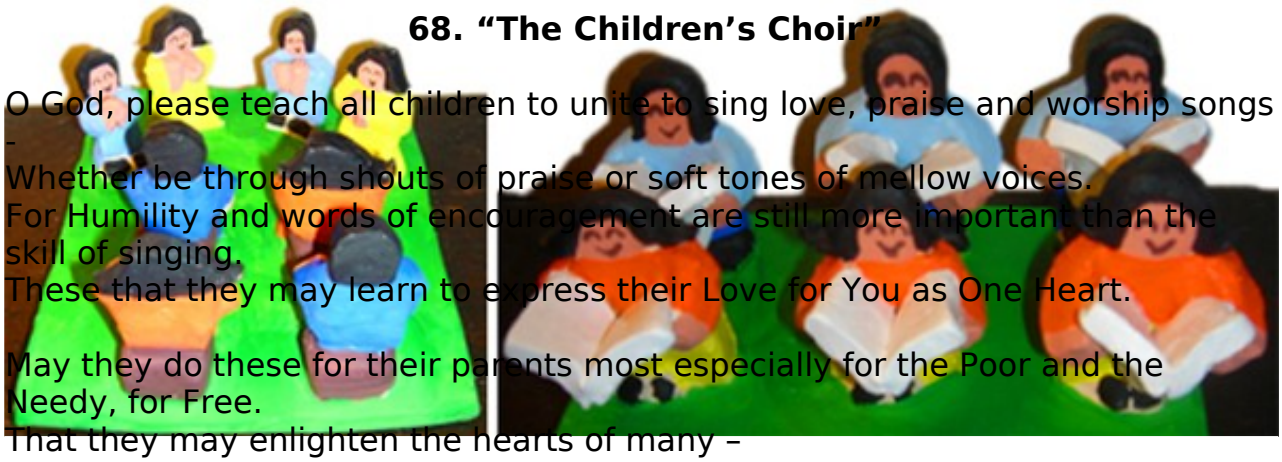
And by creating something to inspire others of our Heart’s goodness –
And to be of Holy Virtues of Love and Peace –

67. “Children’s Love Letter Reading”

O God, please bless all children to be thoughtful to their parents.
That as much as their parents may have shown so much love in caring for them,
May children be creative in ways of expressing their gratefulness to their parents.

And through these, that they already show that they are also grateful to God,
For blessing them with wonderful caring parents.
Please bless all children to learn to make poetry, songs, love letters and greeting cards.
All these that they may also offer to God, or to friends, or to people in need.

That Spirituality for creativity is always to have good intentions –
To express Holy Virtues of Concern, Compassion and Gratefulness for others.
That children may also do these creative good deeds to express their concern for



68. “The Children’s Choir”

O God, please teach all children to unite to sing love, praise and worship songs -
Whether be through shouts of praise or soft tones of mellow voices.
For Humility and words of encouragement are still more important than the skill of singing.
These that they may learn to express their Love for You as One Heart.

May they do these for their parents most especially for the Poor and the Needy, for Free.
That they may enlighten the hearts of many –
That good deeds by sharing their talents to others is a prayer to God.

So that children, no matter how different their skills may be for their presentation –
May learn to appreciate the uniqueness of one another -
By blending with each other’s talents.

69. “The Sharing of Musical Talents by Children”

O God, please teach all children to share their musical talents, presentation, and dancing skills.
To learn how to express the yearnings of their Heart.
Through musical instruments and movements.

That even each child may be skillful in one instrument or dance or presentation,
Or whether a child may have a bigger or smaller part,
But still they are appreciated equally by God as a whole group –
On how they blended in Peace and Harmony.

That even if the rhythm be fast or slow, loud or soft, and with a beautiful melody -
But rather uplifts the Holy Virtues of Love.
May they do these for God by also cheering up the Poor and the Needy, for Free.

That God be given the glory for inspiring everyone to care for the least.
That through these that everyone becomes an instrument
Or vessel of God’s Love, Peace and Joy.

70. “Children’s Recreational Activities”

O God, please teach all children the holy ways for recreational activities -
That they may offer these to You as their fellowship with one another.
These activities may require physical skills and intelligence,
But may children do their best not to be better than others,
But an opportunity to speak kind words of encouragement to others as Children of God.

May they enjoy the activities never to make enemies,
But a chance to build friendships amongst all children.
May they always be humble, never to boast their skills,
But rather respect everyone as a people with a Spirit.
These that they may enjoy each other’s company through activities worthy of offering to Heaven.

To cooperate with one another to win in the activity,
But the most humble groups are the True winners in Heaven.
All these that smiles, laughter and Joy may prevail - even to be happy for the blessings of others.
That our goal is greater than fame, material gains and rewards.
This includes all activities for physical health, but rather unity for spiritual health.

But be aware that there are many other activities that rather bring Unity to people.
That Humanity be saved from the desires for competition,
But rather teaches children the Holy Virtues of Compassion for the Needy.
As the greatest winners are those who pour their skills –
To be concerned for the Poor.

For children need to understand that physical looks and skills, status and intelligence –
Are not what truly gives Dignity and Honor to Children.
As the True meaning of winning is to put God’s Humility above our human desires to win in activities.

F. The Spiritual Appreciation of Family Love

71. “Children learn to appreciate Brotherly Love”

O God, please teach all brothers to love one another.
That they may have utmost respect for each other.
Never to compete with each other, but to support one another –
In the path of Holy Virtues of Humility, Love and Compassion.

May they learn the essence of Mother’s Love to be worthy Men of God.
Like their mother who cared for them as an infant in her womb for Free,
That brothers become Men by helping each other without any material thing in return.

Like a mother who bore the sacrifice to bring life into Humanity,
That brothers become Men by offering their Life and blessings to care for one another.
Like a mother who showed affection to a poor and helpless infant,
That brothers become Men by being meek, gentle and affectionate to one another.
For what truly makes brothers worthy as honorable Men,
Is the humility to encourage one another to be of Holy Virtues of Humility and Love.
To have the Joy to be happy for the talents and blessings of others.

These that brothers may unite to be peaceful protectors of Humanity –

72. “Children learn to appreciate Sisterly Love”

O God, please teach all sisters to love one another.
That they may have utmost respect for each other as people with a Holy Spirit.
Always appreciative of one another, by caring for the needs of one another –
In the path of Holy Virtues of Generosity, Care and Consideration.

May they learn the essence of Mother’s Love to be worthy Women for God.
Like their mother who cared for them as an infant in her womb,
That sisters become Women by putting the needs of their sisters first before their needs.

Like a mother who bore the sacrifice to bring life unto Humanity,
That sisters become Women by being mothers in service for those in need.
Like a mother who showed affection to a poor and helpless infant,
That sisters become Women by caring for the Poor and Needy as the least of our brethren.

For what truly makes sisters worthy as honorable Women,
Is the simplicity to be thoughtful and kind to one another.
To have the Joy to be happy for the blessings of others.
These that sisters may unite to be guardians of Humanity –
And defenders of God’s Justice on Earth.

For the greatest of all Women are those who are able to overcome their vanity

73. “Children learn to appreciate Brother-Sister Love”

O God, please teach all sisters and brothers to love one another.
That even if they are different from one another in many ways –
Such as gender, physical looks, physical skills, intelligence, likes and dislikes, ways of thinking –
But Love for God makes them all the same and equal in the Eyes of God.

That even in The Eyes of Man that Men are more intelligent, with physical strength, and skills –
In The Eyes of God, Women are greater for their thoughtfulness, meekness and gentleness of Heart.
As Mother’s Love brings the New Balance for the Equality of Women and Men in Humanity.
That God judges not by physical looks or skills or by mere intelligence –
But our ability to protect, respect and give honor to those who are the least in The Eyes of Men.

That every human being alive today has undergone the Love of a mother to her child in her womb.
That both Women and Men may learn to give the compassionate motherly care for each other.
That Men may learn empathy on how they were all helpless in their mother’s womb –
But their mother never judged them or looked lowly upon them –
But simply their mother cared for them as poor and helpless babies.

74. “God’s Children love those outside their own immediate family”

O God, thank You for a new perspective in Life.
That when we see other people, they are God’s Children as well.
That we may not only be so selfishly concerned with our own selves,
That we may not only be so concerned with our own immediate family,
But instead to also be concerned with the needs of those outside our own family.

They may not be our own children, brother, sister, mother or father from our immediate family –
But through God’s Love that we all become The Children of God.
Whether Woman or Man, poor or rich, child or adult, follower or leader –
But through God’s Love that we all become equal in The Eyes of God.

These that we may treat Humanity as a whole.
These that we may treat Humanity as a Child of God.

That our Love may go beyond just loving our own selves.
That our Love may go beyond just loving those who have similar likings as ours.
That our Love may go beyond just loving our own immediate family and relatives.
That our Love may go beyond just loving our own friends and co-workers.
That our Love may go beyond just loving those who belong to our community and nation.

But that our Love may reach everyone on Earth.
For all the Poor, the Needy, the weak and the helpless all need our Love.
To counsel peacefully even those whom our human weaknesses have misled us to dislike.
That God’s righteousness and equality may prevail amongst us all.

75. “God’s Children become resurrected to a New Life”

O God, with Your Truth on what Love is –
That our children become resurrected to a New Spiritual Life.
That parents may be blessed to share the Truth of what God’s Love is all about.
So God’s Love that comes from Heaven is shown through the Love of our children.

That our parents may become God’s Pastors to counsel and guide others.
That our children become God’s Angels on Earth.

These that Heaven becomes present in our Heart, in our thoughts, words and good deeds.

76. “God’s Children unite in One Heart and One Holy Spirit”

O God, with Divine Truths about the Holy Virtues of Love –
That our children become God’s Children –
United in One Heart and in One Holy Spirit.

Our hearts become One Heart through Love.
Our good deeds become One Spirit through God.

Hand-in-hand we support each other.
Together, we defend the Holy Spirit of Love in our Heart.
In The Holy Spirit of Unity, we spread God’s Love throughout

77. “God’s Children unite to protect Earth”

O God, thank You for planet Earth where we humans are born.
For Earth is our earthly Home, where our Life is only temporary.
But with You O God Our Creator is our Heavenly Home,
Where we shall spend our Life in Your Holy Presence forever.

Our Soul came from You O God, and so we intend to return to You in Heaven.
But You have given us a Mission to fulfill for Humanity.
And that is to protect Mother Nature in planet Earth.
And that all blessings on Earth are to be shared equally amongst us all inhabitants.
And that God’s People may reign with Your Divine Love and Power.

We are Your Children O God, as God’s Children.
Through the Holy Virtue of Generosity –
That we may share our blessings with one another.
Through the Holy Virtue of Justice –
That we may protect Earth’s resources from selfishness and greed.
Through the Holy Virtue of Love -
That we may protect all creations on Earth, most especially the least of our brethren.
Through the Holy Virtue of Forgiveness –
That reconciliation through God’s Love may abound amongst different people.

We human beings unite as The Holy Spirit of Love -

78. “Lord Jesus and Mother Mary teach children the True meaning of Love”

O Lord Jesus Christ and Mother Mary,
With Your Life, miracles, apparitions, examples and teachings –
That we have learned the True meaning of Love.

That True Love is to care for the Poor and the Needy.
That True Love is to care for the least such as children, the sick, the aged, and such.
To give that same Motherly Love we received –
When we were helpless, poor and needy infants in our mother’s womb.

These that we may show that we are truly grateful and faithful to God.
These that we may learn that Love is greater than loving ourselves.
But to be selfless in offering our Life and blessings to save the least.
That children may learn to have a generous and caring Heart.

For the essence of God’s Love is healing –
The healing of our mind, body and most specially the Spiritual healing of our

79. “Children learn to be true disciples of God”

O Lord Jesus Christ,
With Your wisdom and compassionate good deeds for the Poor –
That Heaven has proclaimed You as “King of Kings, Lord of Lords”.

O Mother Mary,
With Your humility and truth in your apparitions and miracles to save the Needy –
That Heaven has proclaimed You as “Queen of Queens, Mother of Mothers”.

We cannot be as perfect as You, but we are Your mere followers –
As God’s Holy Spirit on Earth to bring the Holy Spirit of Generosity and Compassion to all.
We cannot be You, but we can also be humble and do compassionate good deeds –
Even in our own little ways as God’s Children, as Your Children.

Heaven is so generous to have blessed the Poor and the Needy –
With the same Power given to Lord Jesus Christ and Mother Mary.
That all of us mere followers of God may be God’s Servants for the Poor and the Needy.
That our utmost respect for God may be given for the least of our brethren.

G. The Spiritual Duties of Family Love

80. “Family Members consult the Family”

O God, please help all family members to learn to be open to their family.
For any Spiritual concern is also the concern of their family.
For a family is in union together, dependent on each other’s wisdom for Spiritual growth.
For within the family that we first learn to be of Holy Virtues of Love.

And Love is also to give Compassion for one’s own Soul -
By expressing one’s feelings of hurt, anger, fear or sadness.
That any resentment of a hurtful past event may be healed through God’s Divine Grace.
That both parents and children may have equal opportunity to have an equal voice.

As Love is also to have the Holy Spirit of Deliverance -
By seeking the protection and prayers of others, most especially from our family.
For to express our feelings is important for the Spiritual health of our Soul.

That whatever bothers us may also be discussed within our family with utmost respect.
That each member may learn to be a mediator for those in conflict

81. “Family members honor one another”

O God, please help all family members honor one another.
That we may learn to encourage one another by affirming each other’s goodness.
That we may learn to know from others how we can improve more in Holy Virtues of Love.

Please give us the grace to be mindful of our words.
That we may continue to be in the Holy Presence of God.
Always speaking Words of Wisdom in the Spirit of Gratefulness and thankfulness.
These that our Spirit may be enkindled more to do good deeds,
Through the affirmation of our family of our Heart’s Goodness.

Never to put down or discourage,
But that confidence to be a more loving people may reign in the family.
These that we also learn to know ourselves through the eyes of others.

And with Humility that we also be thankful for everyone’s good advice

82. “The Family Reconciliation”

O God, please help all family members to reconcile with one another.
Please teach all of us to say “sorry” for any wrong we have done to others.
Please teach us to accept any apology from others.
That The Holy Spirit of Forgiveness may reign in the family.

For God is pleased with those who are humble to admit their faults.
And God is pleased with those who even do exert the effort to reconcile with others.
That our Heart be freed from uncomfortable feelings and resentments.
And our Spiritual Life be purified with Inner Peace through one another.

May handshakes, smiles, laughter, tears of joys, warm hugs and pats on the back –
Be our little kind expressions of our humility to reconcile with one

83. “The Pray-over by the family”

O God, we put our hands to our loved one as we pray.
May our hands bring mother’s touch with warmth to our loved one.

We pray over our loved that one may be freed from worries.
We pray over our loved one that we may pour our blessings.
We pray over our loved one that we may be vessels of God’s Grace.

Please fill our Heart with Love, Kindness and Forgiveness.
Please enlighten our mind to be pure.
Please heal our loved one from any hurts, sadness, fears and

84. “The Family Back-rub”

O God, we do the family back-rub as a way to be open to one another.
This is amongst our simplest ways of bringing bodily health to one another.
We take turns in order that we show that generosity may be equal amongst us all.

That whatever worries and stress that our bodies may have –
That our family is always there to lighten our burden by simple acts of

85. “The Family walks hand-in-hand”

O God, to show our unity we hold our hands together while we walk.
As all children depend on the protection of all parents.
And parents are guardians who are examples to all children.

Please guide us to a path that always leads to God’s Love.
Everywhere we go, please keep us safe from harm.
May Your protection O God be always with our family everywhere

86. “Eating together as a Family Fellowship”

O Lord Jesus Christ, just as You have taught your disciples to share food equally,
We are Your followers to also gather in fellowship by eating together in Your honor.

We offer this fellowship not to please ourselves,
But that we may learn to share our blessings equally amongst us all.
That all of us may contribute to the blessings on the table.
To still welcome even those who cannot contribute in the Holy Spirit of Generosity.

That everybody is welcome to eat with us.
That we may welcome those in need to sit beside us.
That the Poor and the Needy may be given special attention to be with us.
That our fellowship be filled with conversations of getting to know each other.

To discuss issues that affect us and Humanity.
That we may learn that the Holy Spirit of Generosity, Unity, Divine Knowledge and Wisdom –
Is the True Spiritual nourishment for our Soul.

May smiles, laughter and Joy abound in our fellowship together –
For this brings Health and nourishment to our Soul from the Divine Grace of God in Heaven.

87. “Serving each other with Humility”

O Lord Jesus Christ, even if You are our King and Lord,
You washed the feet of Your disciples.
You are the Son of God, but You kneeled down to cleanse away the dirt from their bodies.
You are Our Creator, but You showed Compassion for those lower than You in service.

We see The Holy Spirit of Humility in You O Lord Jesus Christ.
That You are our leader, but You bow down to show that You are humble to us mere servants.
That we as Your mere servants may also be of service to those who are lower than us in status.
That we may personally serve each other without putting ourselves greater than the others.
But that all Spiritual Leaders may humbly treat themselves equal with all followers.

We are all servants, that we may not compete with each other to be the leader of all.
But instead, we may all seek to be the servant of all servants.

A kind of servant who serves rather than to be followed.
A kind of servant who listens more than to talk.
A kind of servant who is humble more than to be adored and praised.

88. “The Parents Prayer Meeting”

O God, please bless all parents throughout Humanity –
That they may all gather together in the Spirit of Prayer.
Please fill their Heart with The Holy Spirit of Wisdom,
That they may all have God’s Holy Presence in everything they say or do.
Please guide them to discuss issues that affect marriages, families, communities and Humanity.
That they may trust the Holy Spirit of Goodness in their Heart for Wisdom and Good Judgment.

May these be ways of uniting couples in need for forgiveness and reconciliation.
May these be ways of settling family conflicts.
May these be ways of counseling couples who needs to be more righteous in their communities.
May these be ways of making resolutions to be fulfilled for the betterment of all Humanity.

They are followers O God, and please bless them as worthy Pastors of their families.
To speak of Holy Virtues of Humility, Love, Forgiveness, Justice and Peace.

89. “Family Members learn to serve their family”

O God, may all families strive to unite as One Heart by being of service to each other.
For all family members are responsible for each other through care and compassion.
The same way Our Lord Jesus Christ served the Poor, the Needy and the disciples –
So we too as followers of Our Lord that we may learn to meet the needs of our family members.

Our servitude to our family may not only mean helping in household chores,
But also Spiritual guidance in everything we do in the path of Holy Virtues of Love.
That to be of service is also to protect the Spirituality of each other through Humility

90. “The Prayer Meeting of Families”

O God, please bless all families in Humanity –
That we may all gather together in fellowship with one another in the Spirit of Prayer.
We shall do this to be united in the Holy Spirit of Family Love.
That someday, all the family groups may all unite in Humanity whoever they may be.

We shall do this to reconcile different family groups.
We shall do this to settle issues amongst families, communities and in Humanity.
We shall do this to unite so as to defend God’s Just Causes for Reconciliation.

May we invite all other people in these meetings that we may be inspired with God’s Love.
We do this not to feel more special than other families.
But as our simple ways of bringing Peace in our Heart.
That friendships amongst all family members may flourish.
May we make resolutions to act on many issues to defend God’s Justice.
May we work hand in hand in projects in helping the Poor and the Needy, for Free.

91. “Family Cleaning the Environment”

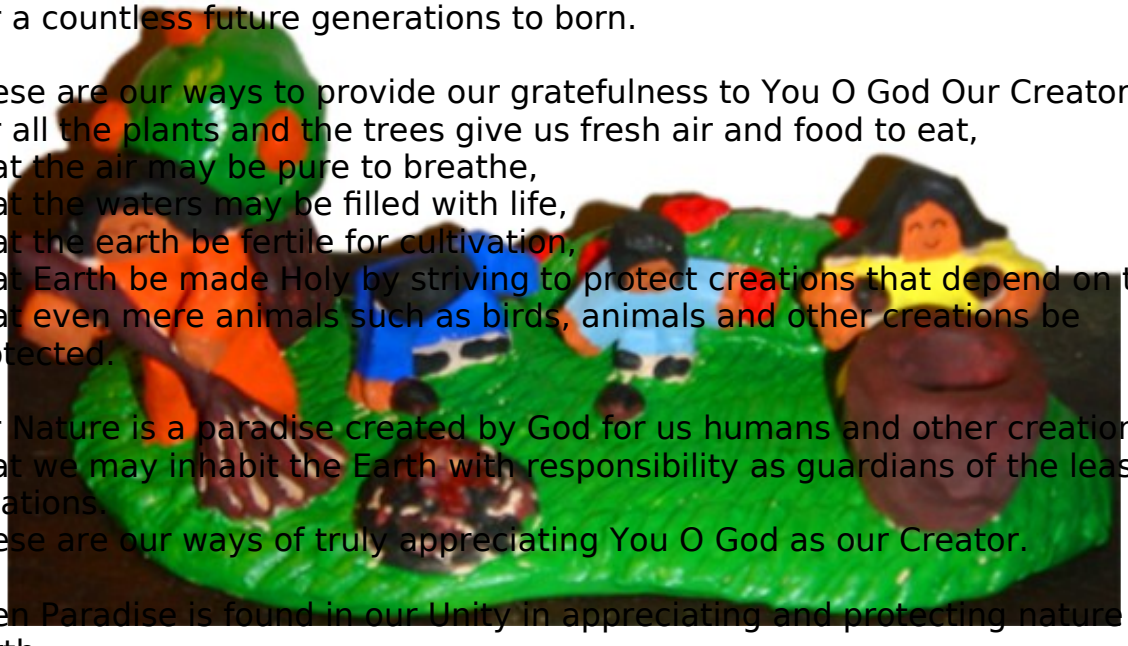
O God, please help all families care for our natural environment.
That to protect Mother Nature is the most important of all.
That God’s Justice may fall upon those that destroy Nature.
That Humanity be firm in not using things that destroy the natural resources of Earth.
That the natural resources on Earth may continue to exist for the survival of Humanity –
For a countless future generations to born.

These are our ways to provide our gratefulness to You O God Our Creator.
For all the plants and the trees give us fresh air and food to eat,
That the air may be pure to breathe,
That the waters may be filled with life,
That the earth be fertile for cultivation,
That Earth be made Holy by striving to protect creations that depend on this,
That even mere animals such as birds, animals and other creations be protected.

For Nature is a paradise created by God for us humans and other creations –
That we may inhabit the Earth with responsibility as guardians of the least of creations.
These are our ways of truly appreciating You O God as our Creator.

Then Paradise is found in our Unity in appreciating and protecting nature on Earth.
And Paradise is found in our Love for each other as a family of Humanity.

H. The Spiritual Work of Family Love



92. “Tree-planting by the Family”

O God, please help all families protect Nature by bringing life to Earth.
They can do this by planting trees in the environment, replanting trees, or protecting trees.
That our air may become pure to breathe.
That food may abound for us to eat and share.
And that life may flourish amongst all animals that depend on trees.

For Mother Nature depends on us humans as guardians of God’s creations.
Even when we may have misused the blessings of God that harms the natural environment,
These are amongst the many ways that we could repair the damages caused by our mistakes.
That this Wisdom may also be done to protect other creations of God -
That hopefully, many will replenish what has been destroyed in nature on Earth.

By this we act in the “image and likeness” of God Our Creator in Heaven –
Who always bless us with sunshine, fresh air, earth to live on, and fish in the waters

93. “Harvesting by the Family”

O God, we appreciate all the blessings You have given us.
We plant seeds that these may grow into plants and trees so as to bring Life on Earth.
That fruits and flowers may bloom and flourish amongst them to beautify our surroundings.
That in harvest time, families may all gather those that are ripe and can nourish us.

We do this in unity for we work together in One Heart as Servants of God.
That we may all contribute in the survival and protection of our family health.
As every creation on Earth comes from God Our Creator.

94. “Caring for animals by the Family”

O God, You have blessed us with many creations on Earth,
That we may partake in them to nourish our health and help us have food to eat.
We care for these animals even if we humans are higher creations on Earth.
But we always make sure that we only take what we need.

That even if lower creations these animals may be,
Still these are from You O God that still need our care.
That blessings of life on Earth may abound.

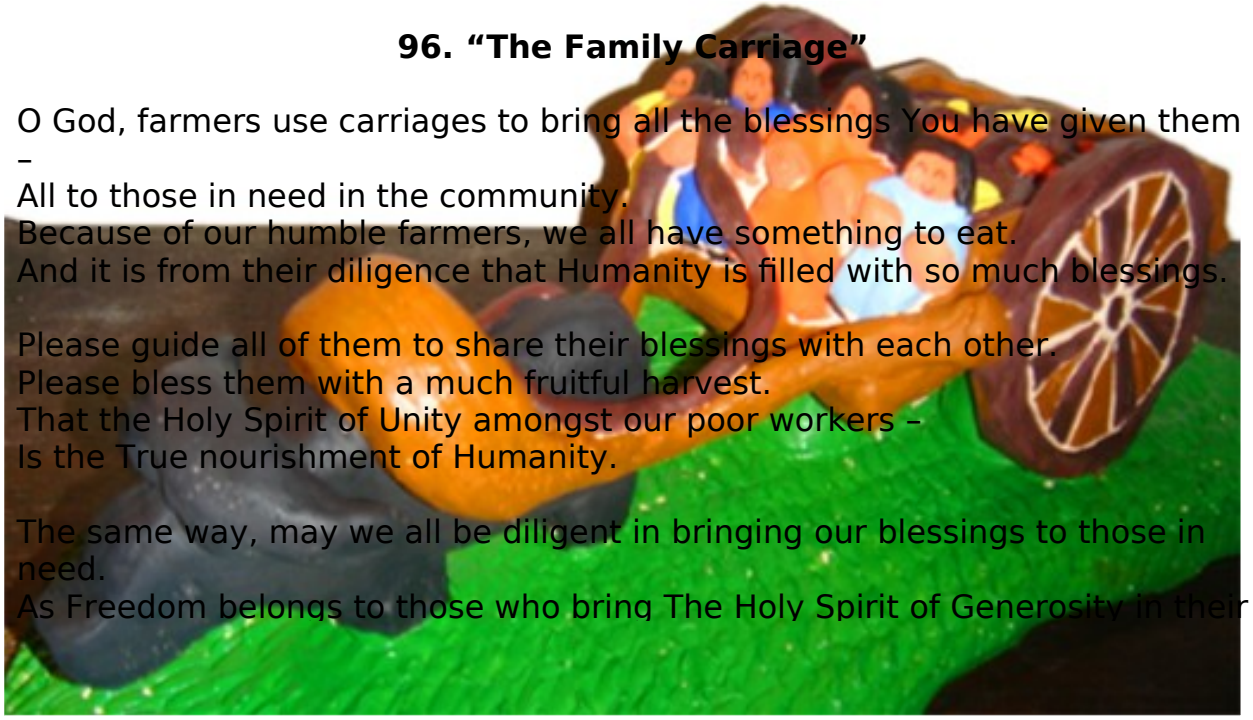
95. “A Loving Family is grateful to God”

O God, thank You for all the blessings we have received in our harvest.
For we have fruits, leafy vegetables, herbs, grains, and beans to eat.
As these are amongst the foods that are closest to Nature –
That we may have a healthier body and longer life span to serve You O God.

You have blessed us with a variety of creations to partake in -
All these that we may appreciate that God is the Creator of Life.
That we may realize that Earth’s blessings abound for us to share, for Free.

Thank You for the farmers who have always cared for the Health of

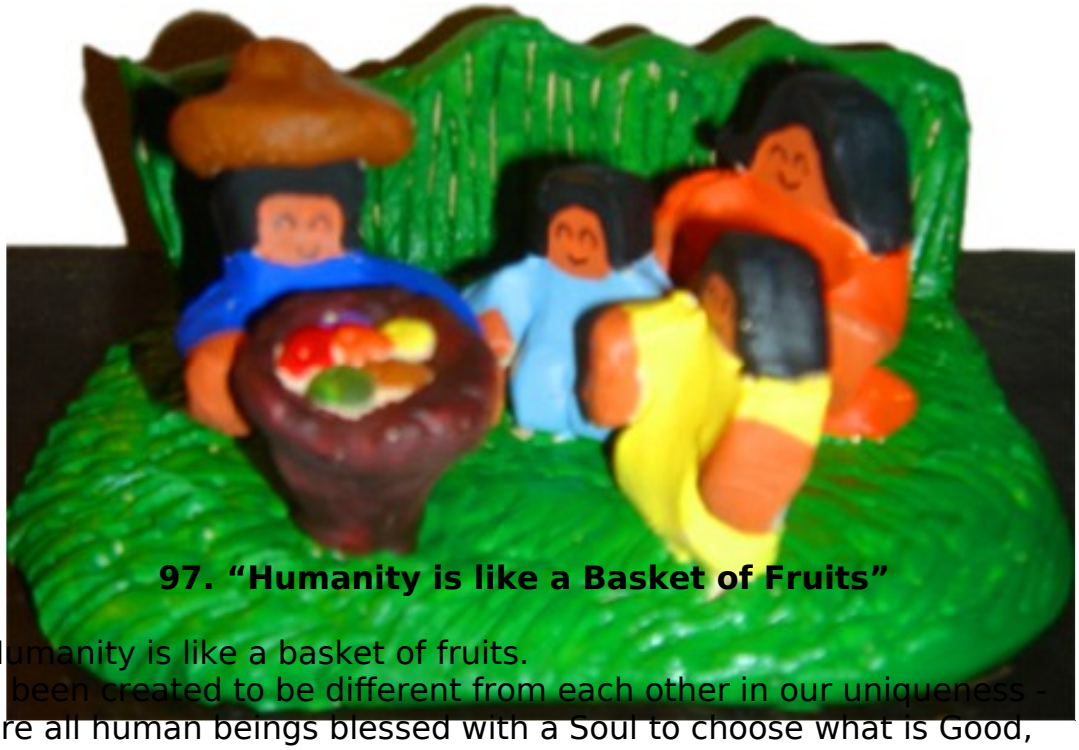
96. “The Family Carriage”



O God, farmers use carriages to bring all the blessings You have given them –
All to those in need in the community.
Because of our humble farmers, we all have something to eat.
And it is from their diligence that Humanity is filled with so much blessings.

Please guide all of them to share their blessings with each other.
Please bless them with a much fruitful harvest.
That the Holy Spirit of Unity amongst our poor workers –
Is the True nourishment of Humanity.

The same way, may we all be diligent in bringing our blessings to those in need.
As Freedom belongs to those who bring The Holy Spirit of Generosity in their



97. “Humanity is like a Basket of Fruits”

O God, Humanity is like a basket of fruits.
We have been created to be different from each other in our uniqueness -
But we are all human beings blessed with a Soul to choose what is Good,
And with our Love for God that we become the same in one Holy Spirit of Unity.

It is only just for You O God –
To choose those who are worthy of bringing Spiritual prosperity to Humanity.
That chosen ones as God’s People may be honored as a living sacrifice for our Salvation.
That chosen ones may spread good deeds of God’s Righteousness with Earth as our field.

We seek to be of Spiritual nourishment to Humanity to be more loving and kind.
That through the Divine Grace of God who is our farmer in Heaven who provides

98. “The Family Free Market”

O God, we also have a livelihood or work that we may meet our human needs,
And that we may also partake in the blessings You have given to others.
Please bless us with an honorable livelihood.
We meet in places called markets that we may exchange things with something in return,
But You have taught us that God’s praise are for those who share for Free,
And those who protect the Spiritual Health of others through honesty and Truth. –
Always to seek the greatest Spiritual benefit of the receivers for Holy Virtues.

Please bless those in markets, that God’s blessings may also be shared amongst them.
That they shall realize that through the Holy Spirit of Generosity –
God’s blessings on Earth really abound and are to be shared equally.
May our efforts not only be poured in earning for our livelihood,
But our Spirit of Diligence towards doing as many generous good deeds as possible.

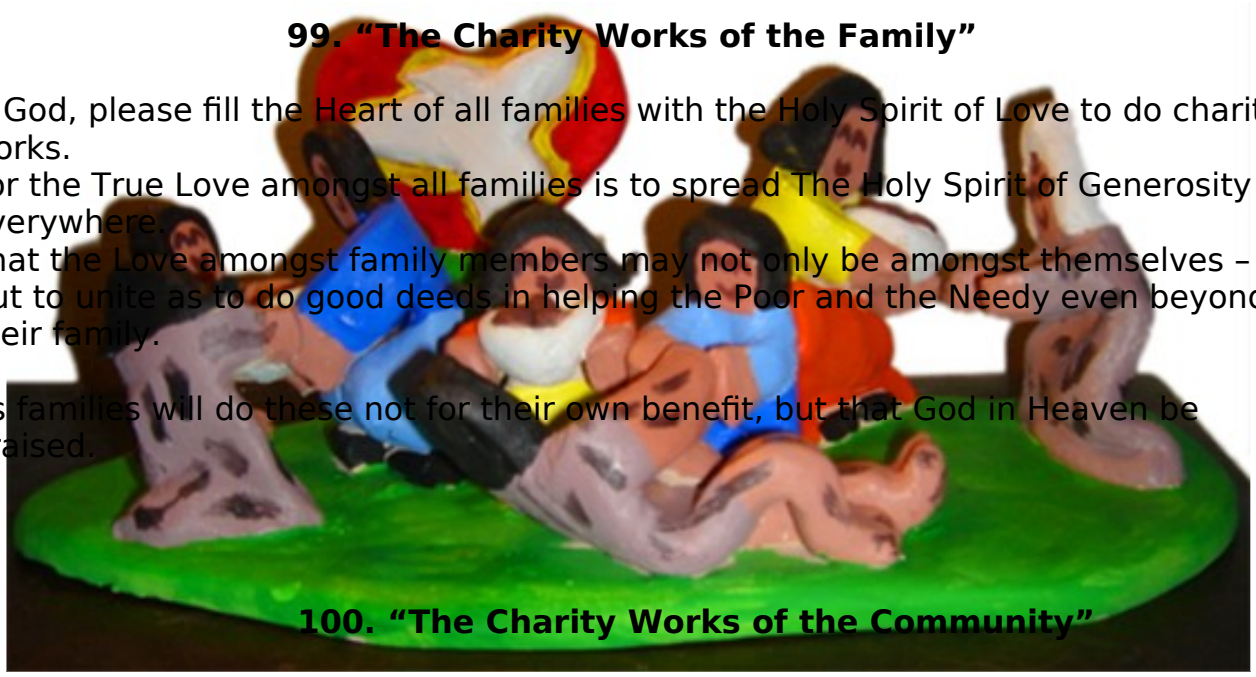
For even the Poor and the Needy may be filled with Care and Compassion –
From those who are more blessed.
That material things of food, clothing and shelter is not what God truly judges,
But the Holy Spirit of Sacrifice by using these to help others in Generosity and Charity.

As God does not judge how much money we have or the ability to earn in our livelihood,
But how much lives we have generously saved through the resources we have.
The same way that our Life, sunshine from the Sun, planet Earth as the home of Humanity,
The land we can live on and cultivate our food supply, waters to obtain other sources of food,

99. “The Charity Works of the Family”

O God, please fill the Heart of all families with the Holy Spirit of Love to do charity works.
For the True Love amongst all families is to spread The Holy Spirit of Generosity everywhere.
That the Love amongst family members may not only be amongst themselves –
But to unite as to do good deeds in helping the Poor and the Needy even beyond their family.

As families will do these not for their own benefit, but that God in Heaven be praised.



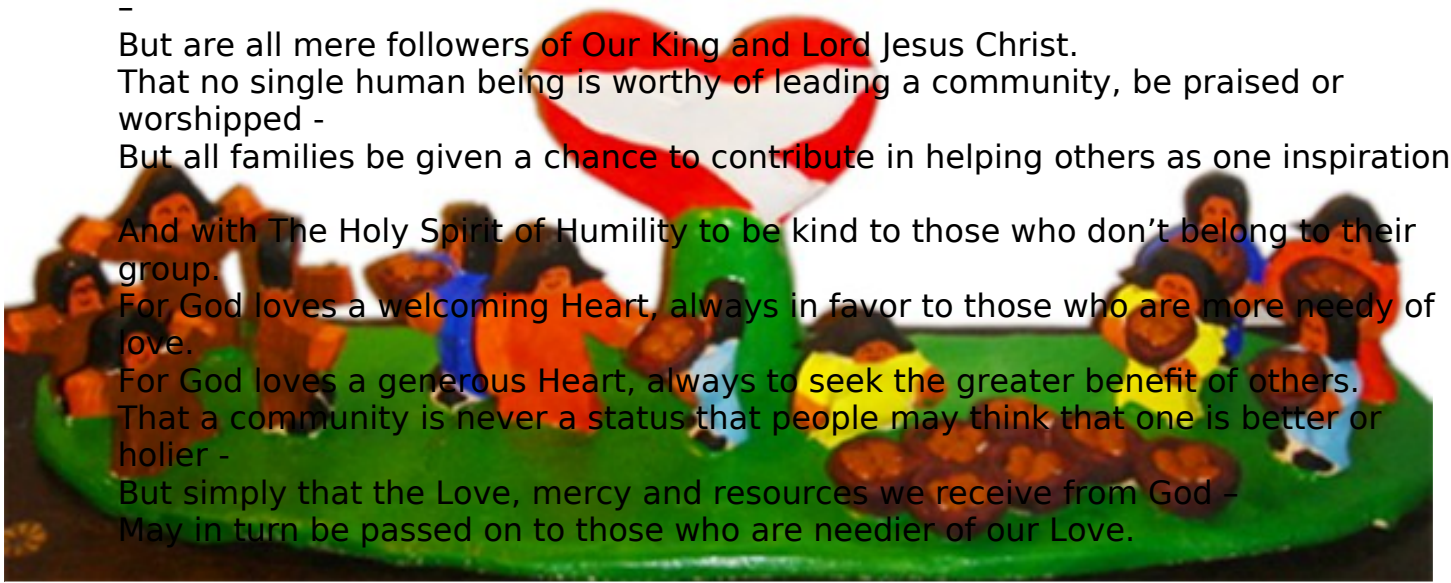
100. “The Charity Works of the Community”

O God, please bless all families to unite as one community.
That their blessings may not only help families within their community –
But that their blessings and efforts be shared equally to those who are in need in Humanity.

That people do not belong to communities to feel special or better than others.
That people may not do these just to be praised or look good amongst each other.
That community services are for Free, never to oblige material things in return from others.

But in everything be done to help save the poorest of the poor, and the neediest of the needy.
That children, fathers and mothers be blessed as worthy Pastors with an equal voice –
But are all mere followers of Our King and Lord Jesus Christ.
That no single human being is worthy of leading a community, be praised or worshipped -
But all families be given a chance to contribute in helping others as one inspiration.

And with The Holy Spirit of Humility to be kind to those who don’t belong to their group.
For God loves a welcoming Heart, always in favor to those who are more needy of love.
For God loves a generous Heart, always to seek the greater benefit of others.
That a community is never a status that people may think that one is better or holier -
But simply that the Love, mercy and resources we receive from God –
May in turn be passed on to those who are needier of our Love.



101. “The Family appreciates God’s Creations”

O God, thank You for blessing us with creations on Earth that we may appreciate them.
You have blessed us with animals that we may partake in so as to enjoy Family Love.
You have blessed us with animals such as horses that we may ride on them to go places,
That we may learn to be compassionate to living creatures that serve us as well.
In turn that we may enjoy the purity of enjoying the guardianship of those who guide us.

102. “The Family land transportation”

O God, we need to go to places as a family –
But You have blessed us with many ways of transport on land that we may be safe.

And You have blessed us with many ways that we may still protect the environment on Earth –
More importantly to keep our air breathable to keep us healthy.
And that our natural environment be preserved from material things that bring pollution.
For we need to realize that natural resources on Earth are limited, and should be protected.

Let Your Divine Grace O God guide our family wherever we go.
We seek The Holy Spirit of Deliverance that we may be protected from harm.
We pray that wherever we go as a family be places worthy of honor to God in Heaven.

Please bless us that we may not be proud of the material things that we may have,
Or be arrogant to feel greater in using these, but to use these in servitude of others
For our worth of God’s mercy is not based on what we own but on the goodness of our Heart to share.

But whenever we use these, please keep us aware of those in need in our surroundings.
We pray to continue to have that Holy Spirit of Kindness and Generosity -
For those in need of our help, even renewed sinners we may be.
We may still be respectful to those who may not have the same material blessings that we have.

103. “The Family transportation on water”

O God, we need to go to places as a family –
But You have blessed us with ways of transport on water that we may be safe.

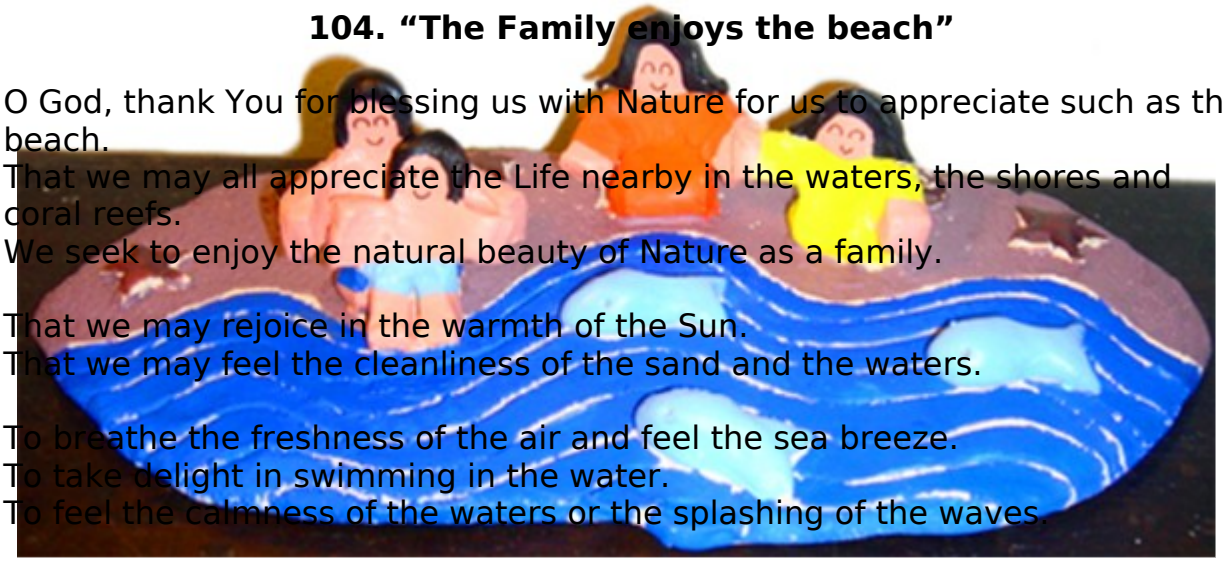
And You have blessed us with many ways that we may still protect the environment on Earth –
More importantly to keep our waters pure and clean -
To protect God’s creations amongst streams, rivers, lakes, seas and oceans.
And that our environment be preserved from material things that bring pollution.
For we need to realize that natural resources on Earth are limited, and should be protected.

For material things are not what truly gives glory to people no matter how beautiful these may seem,
But that we may enjoy God’s blessings with utmost simplicity through family love and generosity.
For God judges how well we have protected Nature,
And how well we use these material blessings to generously share our resources for Free.

We also pray for all fishermen in Humanity to be the guardians of our waters

I. The Spiritual Enjoyment of Family Love

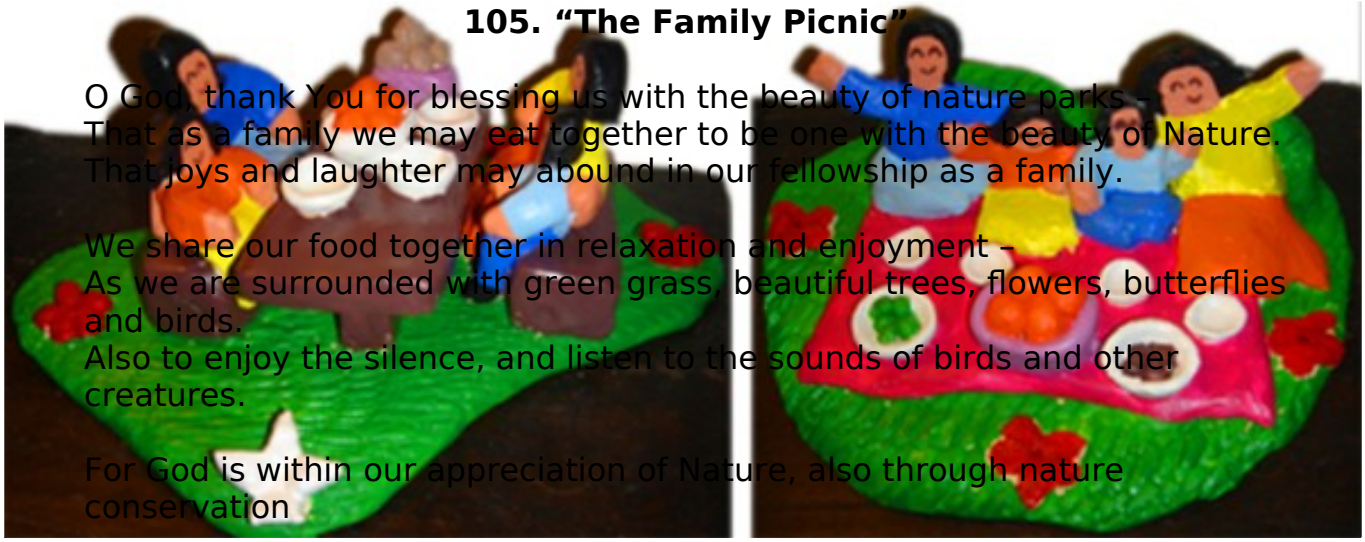
104. “The Family enjoys the beach”



O God, thank You for blessing us with Nature for us to appreciate such as the beach.
That we may all appreciate the Life nearby in the waters, the shores and coral reefs.
We seek to enjoy the natural beauty of Nature as a family.

That we may rejoice in the warmth of the Sun.
That we may feel the cleanliness of the sand and the waters.

To breathe the freshness of the air and feel the sea breeze.
To take delight in swimming in the water.
To feel the calmness of the waters or the splashing of the waves.



105. “The Family Picnic”

O God, thank You for blessing us with the beauty of nature parks –
That as a family we may eat together to be one with the beauty of Nature.
That joys and laughter may abound in our fellowship as a family.

We share our food together in relaxation and enjoyment –
As we are surrounded with green grass, beautiful trees, flowers, butterflies and birds.
Also to enjoy the silence, and listen to the sounds of birds and other creatures.

For God is within our appreciation of Nature, also through nature conservation

106. “The Family caring for animals in the wild”

O God, even if we are human beings as a much higher creation than animals –
Still You have commanded us to be concerned for lower forms of life in the wild.

These that we may show that we are humble enough -
To care for the preservation of animals in Nature, and also for nature conservation –
Such as those amongst forests, jungles, grasslands, mountains, hills and such.
That we keep these wild animals free from any harm, to continue to flourish in nature.

As these wild animals are best appreciated in the wild in their most natural habitat.
That as a family we may feed them, or simply appreciate them.
As God’s Love is not only amongst human beings on Earth,
But also amongst All Creation so as to preserve the natural balance

107. “The Family appreciating animals in the waters”

O God, as much as You have blessed our lands teeming with Life -
Still You have also blessed our waters teeming with Life.
With all the creatures amongst ponds, streams, lakes, rivers, seas and oceans.
These that we may care and protect the Life amongst these.

As the best ways to appreciate them is to feed them or observe them in the wild –
The same way You have commanded us to care for nature on land.
That we as a family are commanded by God to keep our waters clean

108. “The Love of the Family is the True light of all Homes”

O God, with the Love of all members amongst all families -
That a Spiritual Light of Love exists amongst us all.

Our concern and care for one another brings warmth in our Heart.
Our cheerfulness and joy brings Light in our mind.
As our oneness in loving God makes any house simply a loving Home.

For our Life here on Earth is but a path to love –
Towards returning to The Holy Family of God in Heaven.

As followers of God that we do this as a family –
That God’s Light be seen in Holy Virtues of Love to inspire others to love God.

109. “With Family Love that everyone becomes a Holy Spirit”

O God, through our Love for You that we become a True family.
We do not see each other through our physical appearance, age, intelligence, skills or wealth –
But through God’s Divine Grace to see with our Heart –
Through Holy Virtues of Humility, Love, Generosity, Forbearance, Forgiveness, Peace and Joy.

That everyone has a Spirit to be saved through our Love.
And that through our Love for God that everyone’s Spirit becomes Holy and pure.
To see beyond what our eyes could see, but to see with the Heart

J. The Spiritual Purpose of Family Love

110. “A loving family is a welcoming family”

O God, please bless all families as a welcoming family.
That we may not only share our Love amongst family members,
But also to spread our Love amongst all other families.

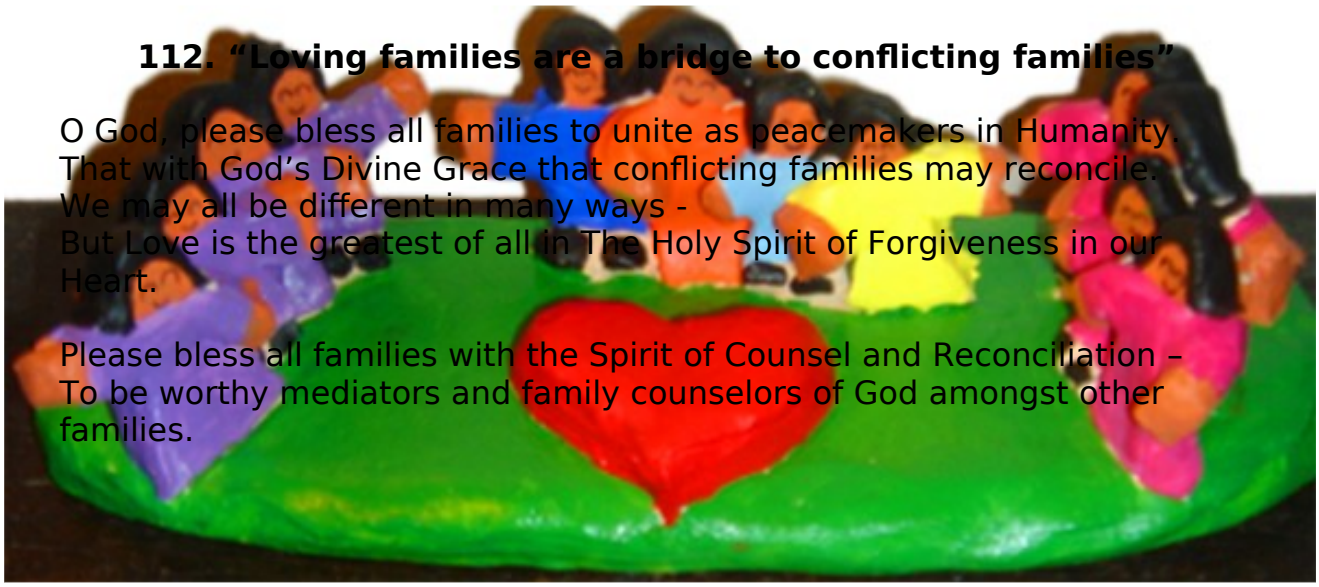
Whenever a family needs help, may all families offer their help.
As we all live together, even if we have been separated by houses.
For with God’s Love that a whole neighborhood becomes One Heart.

That fellowship may abound amongst all families living together.
To care for one another in the Spirit of Generosity and

111. “Loving families have fellowship with one another”

O God, please bless all families to have fellowship with one another.
That they may know one another through God’s Love.
That families may never compete with one another,
But build beautiful relationships with each another.

That sharing of blessings may abound amongst all families.
With cheerfulness and gladness may all abound in everyone’s Heart.



112. “Loving families are a bridge to conflicting families”

O God, please bless all families to unite as peacemakers in Humanity.
That with God’s Divine Grace that conflicting families may reconcile.
We may all be different in many ways -
But Love is the greatest of all in The Holy Spirit of Forgiveness in our Heart.

Please bless all families with the Spirit of Counsel and Reconciliation –
To be worthy mediators and family counselors of God amongst other families.

113. “Loving families reconcile”

O God, please bless all conflicting families to reconcile through God’s Love.
That the Holy Spirit of Peace may reign in everyone’s Heart.
For God is pleased with the most humble families –
Those who are open to settling issues through Love and Forbearance.

Let warm hugs and cheerfulness reign amongst them in the Spirit of Reconciliation.
As to understand the Spiritual needs of other families through Holy Virtues of Love –

114. “The wholesome Festivities amongst loving communities”

O God, please bless all communities to celebrate in Your Most Holy Name. That communities may feel the joy in the celebration through wholesome festivities.

That people may share their talents with one another in The Holy Presence of God.
That people may also invite other people to partake in their happiness.
That people may learn to share their blessings with one another – for Free.

These that we may all realize that blessings abound amongst everyone –

115. “Loving families unite to become one loving community”

O God, please help all families to unite in one loving community –
So as to fulfill Your Holy commands for Love, Justice and Peace.
That families may learn to protect each other –
And unite as one community to save other families and communities in Humanity.

And with Joy in our Heart that we feel The Holy Spirit of Unity amongst us all -
All because of our Love for God.

May we all learn to care for each other in The Holy Spirit of Love.
That our resources may be shared amongst us equally in The Holy Spirit of Generosity.
As we support each other in our endeavors in helping each other Spiritually –

116. “Loving communities unite in One Holy Spirit on Earth”

O God, please help all communities to unite through God’s Wisdom and Love.

As family members unite to become One Holy Family,
And all families unite to become One Holy Community,
Then please unite all communities to become One Holy Spirit on Earth as God’s People.
To protect God’s Justice and Peace for Humanity.

That Spiritual Life may be protected and preserved on Earth.
That God’s People may be blessed by God as a Holy Spirit of Love for Humanity –
Worthy of understanding the essence of Holy Virtues of Humility, Love, Peace

K. The Spiritual Rebirth of Family Love

117. “Loving children show respect for the elderly”

O God Our Creator, as much as we have Reverence to You –
As the elderly in Heaven who blesses us with Wisdom and Love –
Then in turn we show our utmost respect for the elderly in our family and in Humanity.

As the True meaning of youthfulness is always having respect for the needy.
As the True meaning of good health is to always have Joy in our Heart -
To be concerned with those in need of our Love, most especially the elderly.

That good family values that our elderly have learned from their parents and grandparents –
Are handed to their children, grandchildren and so on as guardians of Family Love.
As The Holy Spirit of Respect that comes from our elderly –

118. “Loving children help the elderly”

O God, with Love that our age does not matter.
Whether we are children or elderly,
But with Love for one another that we are free from worries for we are cared for.

Whether we are young or old,
But with Love that we all become One Heart.
For with trust that Humanity be a loving Community –
That we may all help each other through The Holy Spirit of Care and Compassion.

For when our Love for God goes beyond merely loving ourselves,
Then everyone becomes free of worries of growing old –

119. “Our elderly is also part of our family”

O God, thank You for blessing our parents with loving and caring parents as well.
They are our grandparents –
Whom we are also grateful for bringing our parents to this world.

And because of our parents that we are also brought to this world –
So we may appreciate the beauty of Family Love.
As the family also includes our grandparents and our relatives –
That we may unite to extend our Love to others.

And that we may learn God’s Wisdom from the elderly –
Through their meaningful experiences in Life on Holy Virtues of Love.

120. “Our grandparents are all part of our family”

O God, please help all of our grandparents to unite as guardians of our family.
That my grandparents from both sides of my parents –
May learn to keep our family Spiritually fruitful in the Holy Virtues of Humility and Love.

As their Words of Wisdom keep us aware of God’s Righteousness to protect the needy.
As their experience in Life helps us children grow to be wiser.

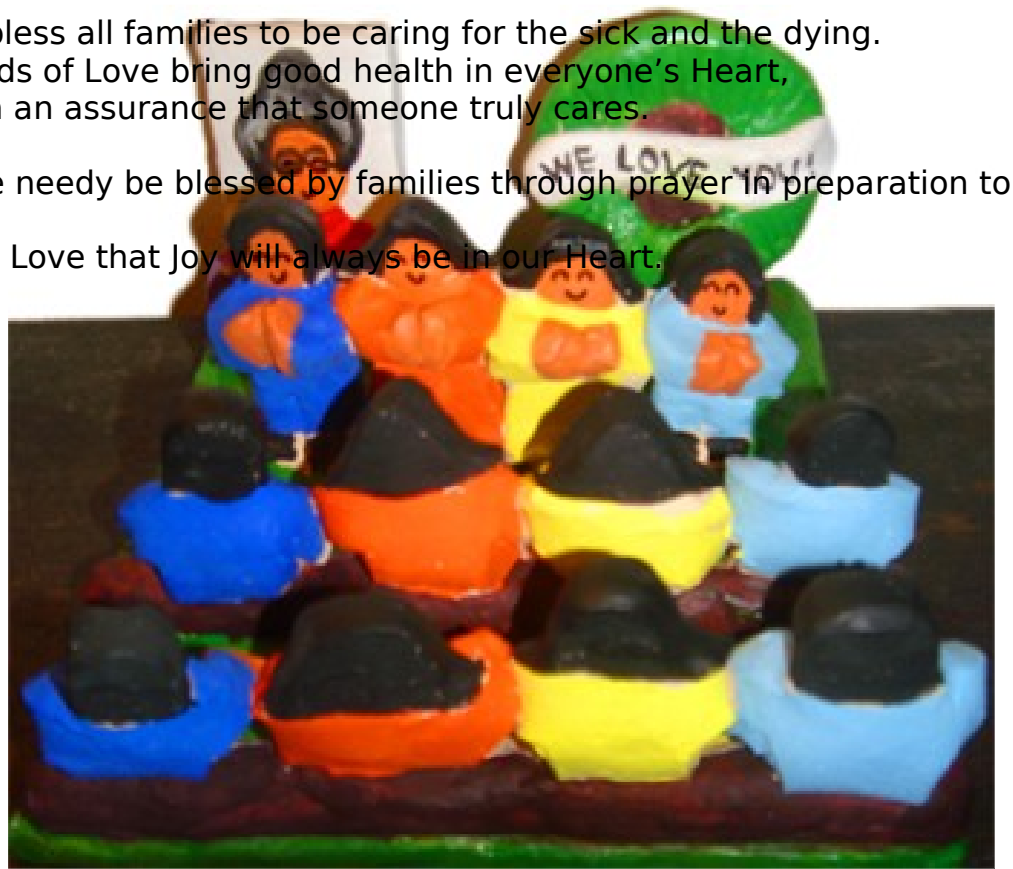
For grandparents guide the marriages of couples in the path to Humility and Forbearance.
That grandparents are protectors of all families to be pure and chaste in God’s Love.
To assure that Family Values will always live forever from generation to generation.

121. “Family Love extends to the sick and dying”

O God, our Life here on Earth is but temporary.
We truly belong to You in Heaven.

Please bless all families to be caring for the sick and the dying.
For Words of Love bring good health in everyone’s Heart,
Through an assurance that someone truly cares.

That the needy be blessed by families through prayer In preparation to meet God in Heaven.
For with Love that Joy will always be in our Heart.
Amen.

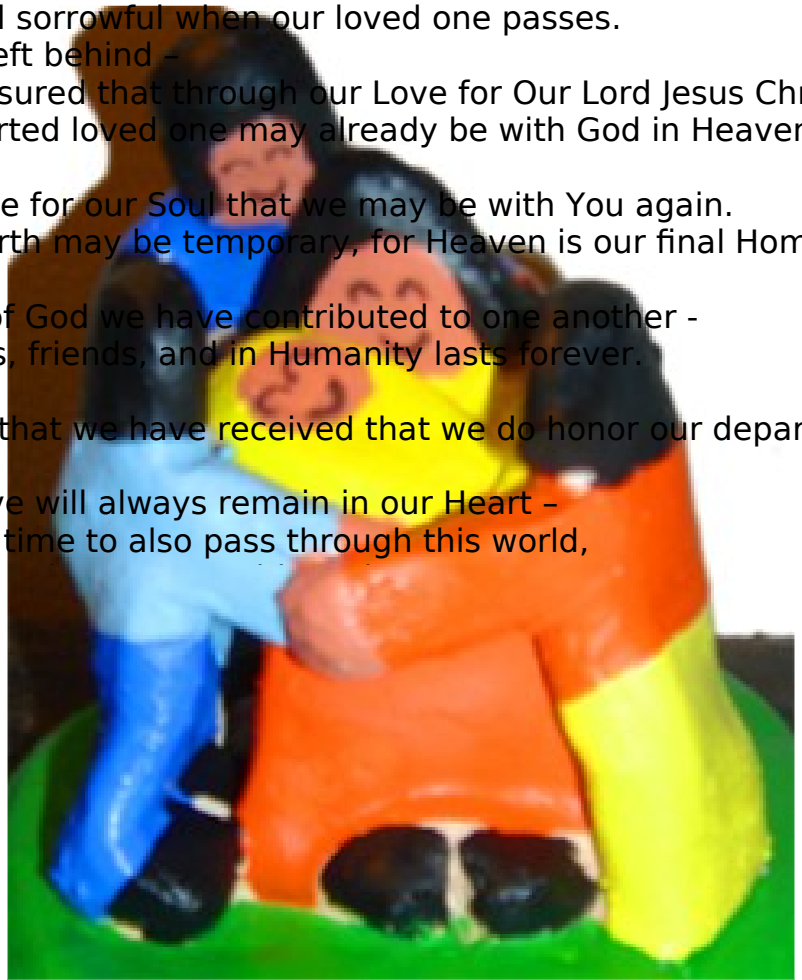


122. “A loving family honors their departed loved ones”

O God, we feel sorrowful when our loved one passes.
We may feel left behind –
But we feel assured that through our Love for Our Lord Jesus Christ –
That our departed loved one may already be with God in Heaven.

You O God care for our Soul that we may be with You again.
Our Life on Earth may be temporary, for Heaven is our final Home and resting place.
But the Love of God we have contributed to one another -
To our families, friends, and in Humanity lasts forever.

And this Love that we have received that we do honor our departed loved one.
That one’s Love will always remain in our Heart –
Even until our time to also pass through this world,



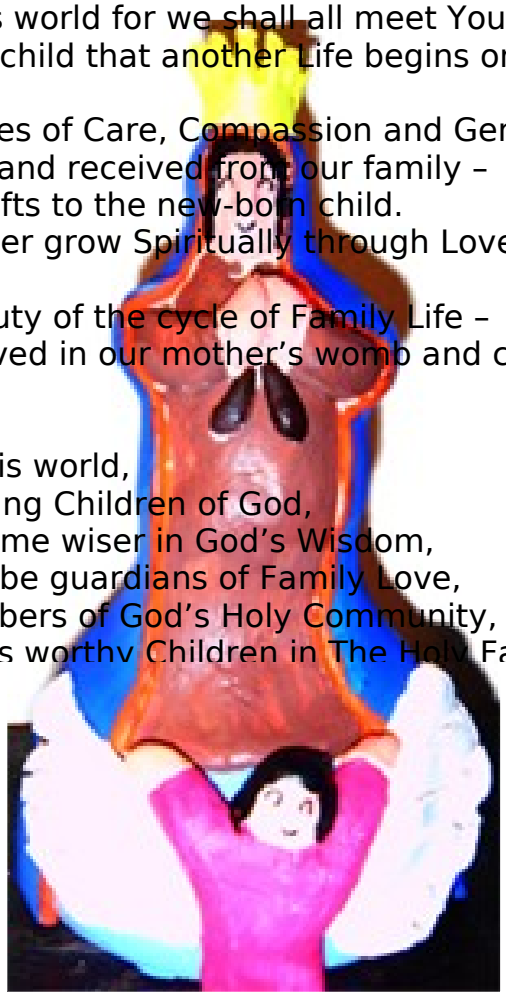
123. “Life begins again through the birth of a child”

O God, we all pass this world for we shall all meet You in Heaven.
But with the birth of a child that another Life begins on Earth.

That all The Holy Virtues of Care, Compassion and Generosity -
That we have learned and received from our family –
May be our greatest gifts to the new-born child.
That families may rather grow Spiritually through Love amongst each other.

To appreciate the beauty of the cycle of Family Life –
That we are all conceived in our mother’s womb and cared for as poor and needy infants,

We are all born into this world,
We are raised as a loving Children of God,
We grow older to become wiser in God’s Wisdom,
We become elderly to be guardians of Family Love,
To welcome new members of God’s Holy Community,
Then pass this world as worthy Children in The Holy Family of God in Heaven.



124. “The Holy Virtues of Family Love is seen in a pregnant woman”

We give special praise and honor to Mother Mary as Our Lady of Guadalupe –
The image of a pregnant mother who defends the Spiritual Life of Humanity as an infant
Who took care of Our King and Lord Jesus Christ when He was in her mother’s womb.
That all of us alive today may not remember how we were in our mother’s womb,
But that we may see God’s Holy Virtues amongst pregnant women.

That we were protected as poor and needy infants in our mother’s womb.
That we were cared for by our mother - for Free.
That our mother was forbearing and enduring in caring for her child in her womb.
That our mother bore sacrifice of bringing a new-born child unto this world –
But eventually blessed with Joy in bringing Life upon Humanity.

These that all families may also protect the Poor and the Needy.
That all families may also care for each other – for Free.
That we may also be forbearing amongst each other.
That we may offer our Life and blessings to help save Humanity as our Child.

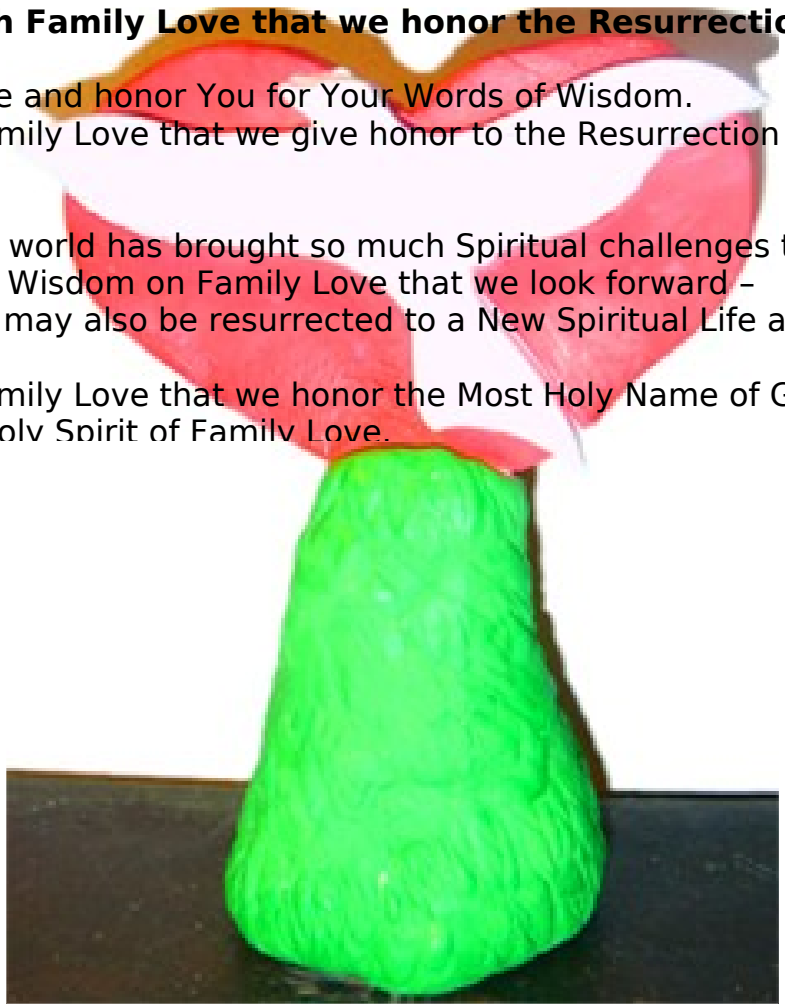
And through the example of Mother’s Love –
Whether we are children, or grown-ups as women or men –

125. “Through Family Love that we honor the Resurrection of Christ”

O God, we praise and honor You for Your Words of Wisdom.
That through Family Love that we give honor to the Resurrection of Our Lord Jesus Christ.

That even if this world has brought so much Spiritual challenges to many,
Still through the Wisdom on Family Love that we look forward –
That all families may also be resurrected to a New Spiritual Life as Humanity.

That through Family Love that we honor the Most Holy Name of God.
For God is the Holy Spirit of Family Love.



126. “With Family Love that we become a Holy Spirit”

O God, please bless all families that we may be in One Holy Spirit.
To be One in spreading Holy Virtues of protecting our Spirituality as a family.

That even if we are amidst this world that yearns for Love,
But with the Truth about Family Love that we have become free as a Dove of Peace.
To return to God the Father, Our Lord Jesus Christ, and Mother Mary in Heaven

And that our Mission is also to set free the hearts of everyone –

IV. <u>More Inspirational Artworks</u>

127. The Family Tree

O God, please bless all families to flourish with Spiritual Life throughout Humanity… fruitful of good deeds…and a Light of Love to all… Amen.

128. The Guarding Angels

O God, please bless us as guardian angels on Earth…to protect the Light of Love throughout Humanity…Amen.

129. Hands Together

O God, please bless us with unity…that all people throughout Humanity…may become the Light of Love on Earth… Amen

130. Humanity's search for the rainbow children

truly the beauty of Humanity is in Family Love...especially amongst children who bring unity amongst a countless different people...

Guide Question: What is family love? And how can we share this to others?
Homework: Please create family love artworks together with inspirational literature (such as inspiring quotes, poems, essays, stories, letters, songs, and prayers).

In honor of my immediate family here on Earth:

I thank my father for inspiring me to be thoughtful, kind and to appreciate Nature.
I thank my mother for inspiring me to be generous, prayerful and courageous.
I thank my sisters for inspiring me –
With motherly wisdom to care for children, their guidance, and concern for me.

I thank my brothers for inspiring me with their love for their children.
I thank my nephews and nieces for inspiring me -
To be of childlike innocence and purity.
I thank my relatives for inspiring me to care for Family Love in unity and prayer.
I thank my grandparents for inspiring me to have respect for the elderly.

We may not be a perfect family with all our weaknesses and sinfulness –
But we take joy in our Spiritual strengths in our Love for God –
So as to be able to provide Holy Virtues of Forgiveness and Forbearance.

We may have had conflicts and resentments with one another –
But we do our best to express amongst each other –
Our family issues in a peaceful manner,
And learn to take Joy with the happy moments we have with one another.

We are all sinners with differences in character and views in life –
But we may also appreciate the uniqueness of each individual –
As through prayers to God that we may all become One Heart.

We may not be the best example of a Holy Family to Humanity -
But through our faith in God that we do our best -
To strive as a family in loving God.
And I believe that God is important to be the Heart of any family.
To humbly ask God’s help for Unity and Peace –
That any family becomes worthy of God’s mercy and Love.

Each of us may have our own personal relationship with God –
As to put God above all with all our Heart, Soul, mind, body, and Inner Strength –
But with the least, that we extend this Love to one another within the family.

And by learning to accept each other so as to uplift and support each other
As a family filled with much encouragement –
Through Holy Virtues of Humility, Love, Generosity, and Justice -
With Hope that we may extend this Family Love we had
To the least of our brethren,
And to defend God’s Just Causes for Humanity.

I love you, and I thank God for my family.
And with the Love I receive from my family -
And as a witness from the Love of all other families -
That with Hope I have defended Family Love throughout Humanity.

Love,
“the little one”

VI. Special Prayers

Please teach children and families to pray The Holy Rosary:

Our Lord Jesus Christ teaches us to pray to God the Father

O God the Father in Heaven,
Holy be Your Name of Love,
Your Kingdom of Peace may come,
Thy Divine Will be done on Earth as it is in Heaven,
Please bless us with the Holy Virtues of Love,
That we may love one another with much forgiveness and understanding
Please protect our spiritual life, to be in servitude to You O God. Amen.

Special Prayer for the intercession of Saint Joseph

O Saint Joseph, the foster-father of Baby Jesus,
We approach you as your own children
Because you are the faithful protector of children and families
And so we ask for your intercession of fatherly love
Because we believe that you would also give that love
That you have given to protect Baby Jesus and Mother Mary
So we place our hope in you as our example of servitude to God
For you have taught Baby Jesus to grow unto a humble grown-up
And so we also ask that you guide us to be humble grown-ups
So that we may also be guardians to those who are in need. Amen.

Special Prayer for the intercession of Mother Mary

O Mother Mary, filled with Divine Grace
Lord Jesus is with you
Blessed are you, who is our Mother in Heaven
And blessed is the fruit of your womb, Baby Jesus Christ
Holy Mary, Mother of God
Please pray for us, your children
Now and forever. Amen.

Special Prayer to The Holy Family

Glory be to God the Father in Heaven,
Our Lord Jesus Christ as God the Son,
And The Holy Spirit as The Holy Trinity
With the intercession of Mother Mary and Saint Joseph as The Holy Family
As it was in the beginning now and shall be Humanity to live forever. Amen.

VII. Discussion for Values Education Words

The following are important goals for Humanity to flourish:

a. **Nature Protection** – or nature conservation; to safeguard the life of Earth
b. **Social Awareness** – or social welfare; to provide needs for the needy
c. **Family Love** – or family welfare; to strengthen relationships of all people

The following are values education words used for the provided goals. Please understand the meaning of each values education word.

1. Love – to nurture life (for Nature Protection, Social Awareness, and Family Love)
2. Respect – to honor life (for Nature Protection, Social Awareness, and Family Love)
3. Understanding – to know the needs (for Nature Protection, Social Awareness, and Family Love)
4. Care/Concern – to give attention to the needs (for Nature Protection, Social Awareness, and Family Love)
5. Compassion – to feel sympathy for the needs (for Nature Protection, Social Awareness, and Family Love)
6. Consideration/Courtesy – to put first the needs (for Nature Protection, Social Awareness, and Family Love)
7. Sacrifice – to offer one's life (for Nature Protection, Social Awareness, and Family Love)
8. Kindness/Benevolence – to be meek, gentle, and friendly (for Nature Protection, Social Awareness, and Family Love)
9. Joy – to put our happiness (for Nature Protection, Social Awareness, and Family Love)
10. Peace – to give order, calmness, comfort, and serenity (for Nature Protection, Social Awareness, and Family Love)
11. Humility – to put (Nature Protection, Social Awareness, and Family Love) greater than ourselves
12. Generosity – to give and share our blessings (for Nature Protection, Social Awareness, and Family Love)
13. Gratefulness – to be thankful (for Nature Protection, Social Awareness, and Family Love)
14. Forbearance – to have self-control, even-temperedness and patience (for Nature Protection, Social Awareness, and Family Love)
15. Deliverance – to safely protect and save (Nature Protection, Social Awareness, and Family Love)
16. Courage – to overcome fears to help (Nature Protection, Social Awareness, and Family Love)

17. Inner Strength – to overcome weaknesses to help (Nature Protection, Social Awareness, and Family Love)
18. Unity – to cooperate in the goal and oneness of helping (Nature Protection, Social Awareness, and Family Love)
19. Justice – to defend equality and fairness (for Nature Protection, Social Awareness, and Family Love)
20. Forgiveness – to reconcile, apologize and accept apologies (for Nature Protection, Social Awareness, and Family Love)
21. Wisdom – to do what is right (for Nature Protection, Social Awareness, and Family Love)
22. Truth – to have good intentions (for Nature Protection, Social Awareness, and Family Love)
23. Knowledge – to know and learn what is beneficial (for Nature Protection, Social Awareness, and Family Love)
24. Appreciation – to praise what fulfills the needs (for Nature Protection, Social Awareness, and Family Love)
25. Faithfulness/Devotion/Fidelity – to be loyal in fulfilling the needs (for Nature Protection, Social Awareness, and Family Love)
26. Affection – to provide actions that bring happiness (for Nature Protection, Social Awareness, and Family Love)
27. Charity – to be helpful (for Nature Protection, Social Awareness, and Family Love) for free
28. Chastity – to be pure, simple, and of childlike innocence in conduct (for Nature Protection, Social Awareness, and Family Love)
29. Integrity – to have self-control for human weaknesses to help (Nature Protection, Social Awareness, and Family Love)
30. Counsel – to give good advice as to help (Nature Protection, Social Awareness, and Family Love)
31. Encouragement – to inspire as to help (Nature Protection, Social Awareness, and Family Love)
32. Piety – to be devoted in prayer as to help (Nature Protection, Social Awareness, and Family Love)
33. Honesty – to speak, do, and live in helping (Nature Protection, Social Awareness, and Family Love)
34. Diligence – to be responsible in helping (Nature Protection, Social Awareness, and Family Love)
35. Sincerity – to be conscientious in helping (Nature Protection, Social Awareness, and Family Love)
36. Trust – to be dependable in helping (Nature Protection, Social Awareness, and Family Love)
37. Goodness/Righteousness – to be advantageous and favorable (for Nature Protection, Social Awareness, and Family Love)
38. Freedom/Liberty – to be free from anything that refrains us from helping (Nature Protection, Social Awareness, and Family Love)
39. Good Judgment/Discernment – to choose what is best (for Nature Protection, Social Awareness, and Family Love)

40. Hope – to expect confidently for the betterment of (Nature Protection, Social Awareness, and Family Love)
41. Empathy – to feel what other's feel (for Nature Protection, Social Awareness, and Family Love)
42. Healing – to be restored and become in better condition of spiritual health (for Nature Protection, Social Awareness, and Family Love)
43. Morality – to know what is right (for Nature Protection, Social Awareness, and Family Love)
44. Ethics – to have the right behavior and conduct (for Nature Protection, Social Awareness, and Family Love)
45. Contentment – to be happy and satisfied of what we have (for Nature Protection, Social Awareness, and Family Love)
46. Resourcefulness – to find many ways and sources of helping one another (for Nature Protection, Social Awareness, and Family Love)
47. Creativity/Innovation – to fulfill good deeds through better and many different inspiring ways (for Nature Protection, Social Awareness, and Family Love)
48. Simplicity – to be pure in intentions, actions, and understandable by all (for Nature Protection, Social Awareness, and Family Love)
49. Responsibility – to accept as one's duties to fulfill in service (for Nature Protection, Social Awareness, and Family Love)
50. Acceptance – to agree and approve what is beneficial (for Nature Protection, Social Awareness, and Family Love)
51. Foresight – to be mindful of the future events that could benefit people (for Nature Protection, Social Awareness, and Family Love)
52. Anticipation – to fulfill responsibilities ahead of time (for Nature Protection, Social Awareness, and Family Love)
53. Fortitude/Tolerance – to endure spiritual challenges (for Nature Protection, Social Awareness, and Family Love)
54. Improvement – to become better in fulfilling responsibilities (for Nature Protection, Social Awareness, and Family Love)
55. Discipline – to be trained in having self-control (for Nature Protection, Social Awareness, and Family Love)
56. Decisiveness – to be able to make good judgment at the right time (for Nature Protection, Social Awareness, and Family Love)
57. Efficiency/Proficiency – to be able to produce the required results for activities (for Nature Protection, Social Awareness, and Family Love)
58. Zeal – to have eagerness and interest in pursuit of good deeds (for Nature Protection, Social Awareness, and Family Love)
59. Enthusiasm – to have passion of inspiring one another (for Nature Protection, Social Awareness, and Family Love)
60. Cheerfulness – to have good spirit and be merry in doing good deeds (for Nature Protection, Social Awareness, and Family Love)

61. Fervor – to have passion in expressing happy feelings (for Nature Protection, Social Awareness, and Family Love)
62. Modesty/Tactfulness – to know what to say and do in maintaining good relations amongst each other (for Nature Protection, Social Awareness, and Family Love)
63. Healthiness – to have cleanliness and well-being of mind, body, and spirit (for Nature Protection, Social Awareness, and Family Love)
64. Principled/Virtuous – to rightfully use abilities, intelligence, and skillfulness (for Nature Protection, Social Awareness, and Family Love)
65. Readiness – to have presence of mind and prepared physically (for Nature Protection, Social Awareness, and Family Love)
66. Alertness – to be aware, cautious and watchful for opportunities (for Nature Protection, Social Awareness, and Family Love)
67. Attentiveness – to mindfully observe the needs of others (for Nature Protection, Social Awareness, and Family Love)
68. Availability – to be present and ready to help (for Nature Protection, Social Awareness, and Family Love)
69. Confidence – to be sure and certain in fulfilling good deeds (for Nature Protection, Social Awareness, and Family Love)
70. Optimism – to see what is hopeful and ideal (for Nature Protection, Social Awareness, and Family Love)
71. Reverence – to honor and listen to good advice such as from leaders or elders (for Nature Protection, Social Awareness, and Family Love)
72. Obedience – to follow commands and guidance for obligations (for Nature Protection, Social Awareness, and Family Love)
73. Dependability – to be amongst the sources of good deeds (for Nature Protection, Social Awareness, and Family Love)
74. Reliability – to be amongst those able to perform good results and as examples (for Nature Protection, Social Awareness, and Family Love)
75. Determination – to act and choose firmly for what is beneficial (for Nature Protection, Social Awareness, and Family Love)
76. Discretion – to make responsible decisions (for Nature Protection, Social Awareness, and Family Love)
77. Perseverance/Endurance – to believe we can achieve and withstand difficulties (for Nature Protection, Social Awareness, and Family Love)
78. Flexibility – to adapt to new and changing requirements (for Nature Protection, Social Awareness, and Family Love)
79. Gentleness – to have mildness of manners and disposition (for Nature Protection, Social Awareness, and Family Love)
80. Meekness – to be submissive in service to one another (for Nature Protection, Social Awareness, and Family Love)

81. Honor – to be regarded of high esteem and praise (for Nature Protection, Social Awareness, and Family Love)
82. Cooperation – to be able to unite in work (for Nature Protection, Social Awareness, and Family Love)
83. Hospitality – to welcome and always ask for the needs of others (for Nature Protection, Social Awareness, and Family Love)
84. Friendliness/Sociability – to have companionships and good relationships with one another (for Nature Protection, Social Awareness, and Family Love)
85. Initiative – to begin at once of what is needed (for Nature Protection, Social Awareness, and Family Love)
86. Loyalty – to faithfully keep on doing good deeds (for Nature Protection, Social Awareness, and Family Love)
87. Orderliness – to do good deeds neatly, properly, and with tranquility (for Nature Protection, Social Awareness, and Family Love)
88. Patience – to have self-control in waiting for good results (for Nature Protection, Social Awareness, and Family Love)
89. Persuasiveness – to pleasingly persuade and convince others to do good deeds (for Nature Protection, Social Awareness, and Family Love)
90. Promptness – to be quick to act in doing good deeds (for Nature Protection, Social Awareness, and Family Love)
91. Punctuality – to be on time in doing good deeds (for Nature Protection, Social Awareness, and Family Love)
92. Security – to provide safety and protection for one another (for Nature Protection, Social Awareness, and Family Love)
93. Thoroughness – to fulfill good deeds carried through completion of details (for Nature Protection, Social Awareness, and Family Love)
94. Prosperity – to improve and be successful in growth (for Nature Protection, Social Awareness, and Family Love)
95. Frugality – to conserve resources (for Nature Protection, Social Awareness, and Family Love)
96. Conscientiousness – to be mindful of the welfare of others (for Nature Protection, Social Awareness, and Family Love)
97. Moderation – to observe reasonable limits in doing actions (for Nature Protection, Social Awareness, and Family Love)
98. Temperance/Abstinence – to limit ourselves or not to partake from anything that is not (for Nature Protection, Social Awareness, and Family Love)
99. Excellence – to fulfill goals, objectives, and responsibilities in a highly honorable manner (for Nature Protection, Social Awareness, and Family Love)
100. Thanksgiving – to give praise and thanks to one another by doing the same good deeds (for Nature Protection, Social Awareness, and Family Love)

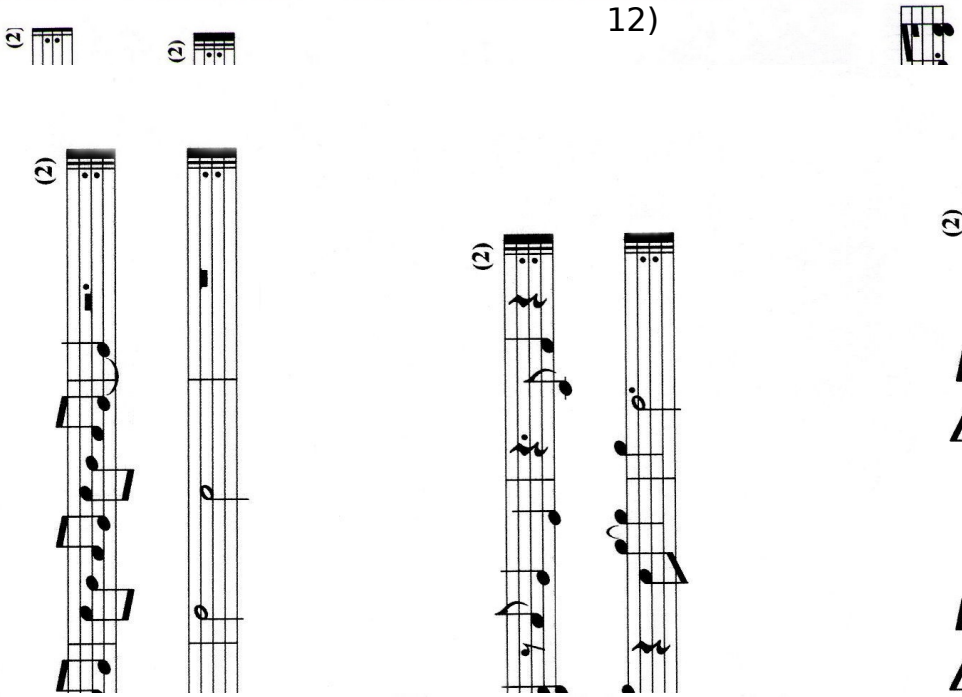
101. Reassurance – to give comfort in removing the doubts and fears of others (for Nature Protection, Social Awareness, and Family Love)
102. Prudence – to have good judgment and common sense by being reasonable, rational, and sensible (for Nature Protection, Social Awareness, and Family Love)
103. Mercy – to show compassion to another by lessening the punishment (for Nature Protection, Social Awareness, and Family Love)
104. Repentance – to experience guilt, shame, and regret in any failure (for Nature Protection, Social Awareness, and Family Love)
105. Penance – to voluntarily punish one's self through a regular responsibility to prevent any wrong done (for Nature Protection, Social Awareness, and Family Love)
106. Reparation – to make amends, compensate, repair and fix the situation by helping those wronged (for Nature Protection, Social Awareness, and Family Love)
107. Well-being – to prosperously achieve health, welfare, security and the sustainability of basic needs (for Nature Protection, Social Awareness, and Family Love)
108. Spirituality – to be more concerned with people's ability for virtues than for material and physical things (for Nature Protection, Social Awareness, and Family Love)
109. Holiness – to be dedicated and consecrated to God as the holy spirit of family unity (for Nature Protection, Social Awareness, and Family Love)
110. Sacredness – to be connected perpetually with God's Holy Presence as blessed with divine knowledge (for Nature Protection, Social Awareness, and Family Love)
111. Being Holistic – to comprehend all parts as interconnected and explicable only by reference to the whole (for Nature Protection, Social Awareness, and Family Love)
112. **Transparency** - operating in such a way that it is easy for others to see what actions are performed, that implies openness, communication, and accountability (for Nature Protection, Social Awareness, and Family Love)

For discussion:

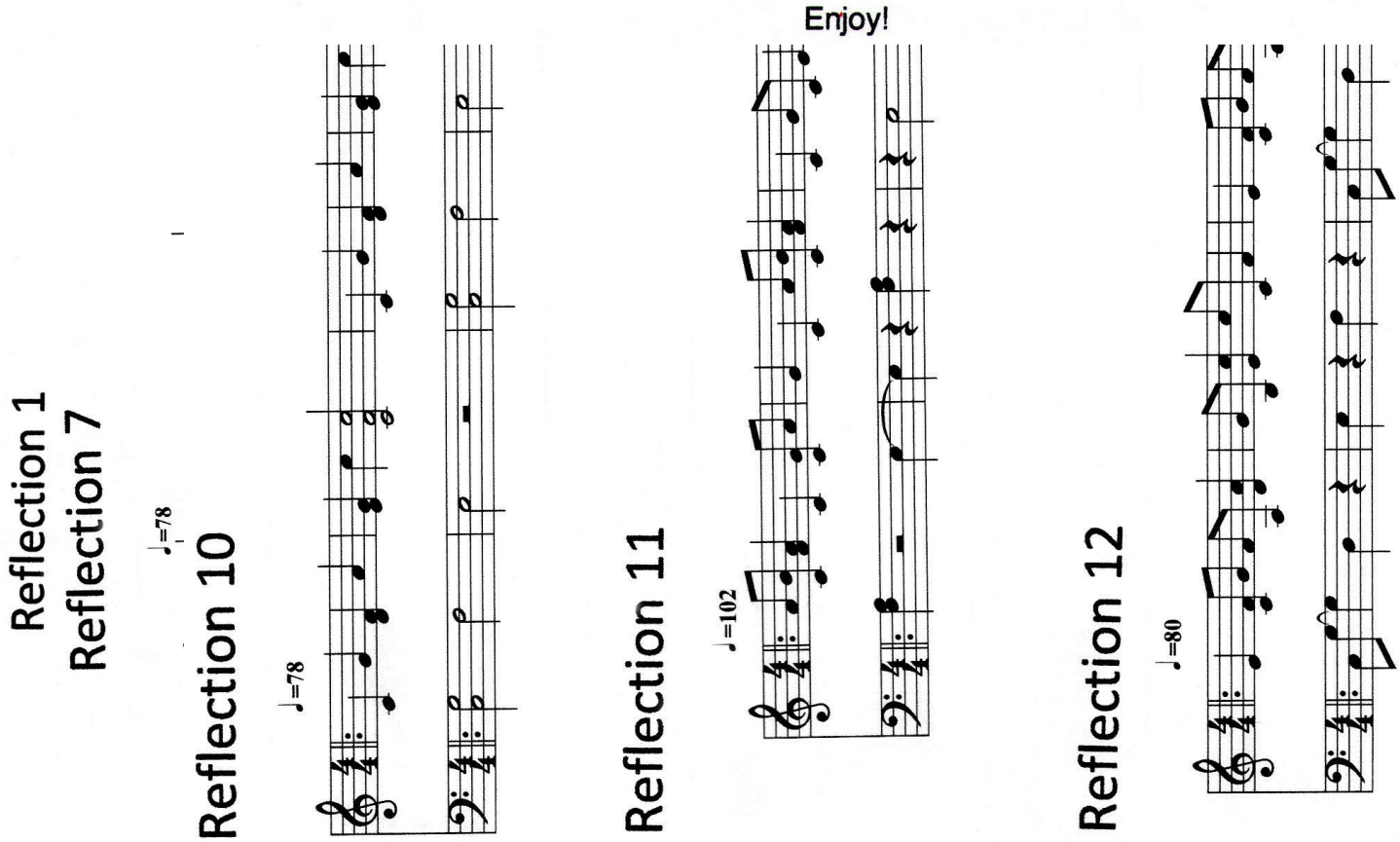
1. Why is Nature Protection important for families?
2. Why is Social Awareness important for families?
3. Why is Family Love important for families?
4. How were the following values used in the examples of "Humanity My Family"? And how can other values education words be used for the examples of "Humanity My Family"?

5. What inspirations and life experiences can we share with regards to Nature Protection, Social Awareness, and Family Love?

VIII. Music Pieces (Reflections 1-12)



Homework: Please learn to play the presented music pieces. Then create your own music version by creating: a) a medley (by connecting the different music pieces), b) your own version with the presented music, c) a duet (someone plays the left hand, and another plays the right hand), d) a musical group (using various musical instruments to play different tunes) and e) a song for the music.

Guide question: How can this help us learn to be more creative through unity?

Enjoy!